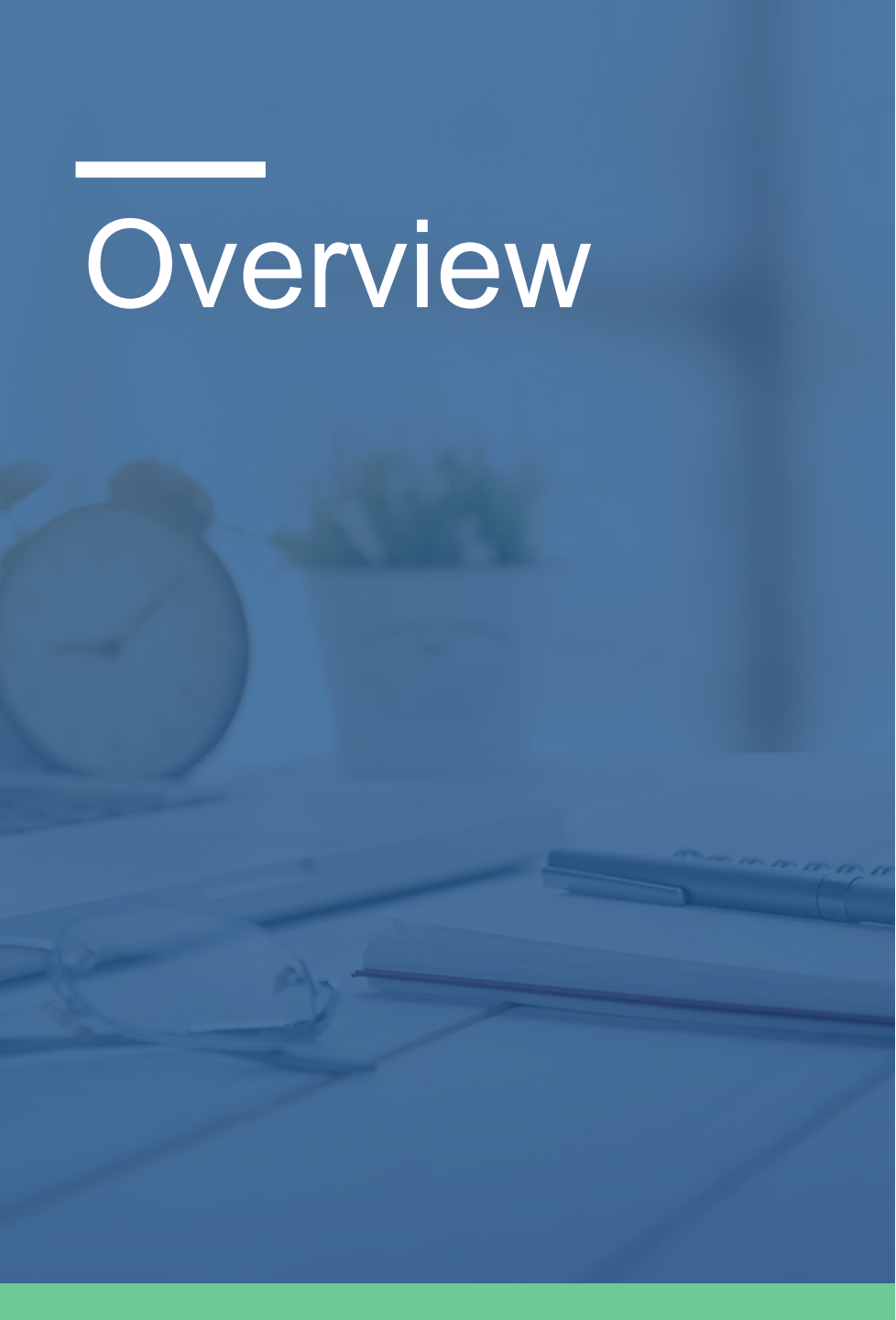

INVESTIGATION AND RISK ASSESSMENT OF SEDIMENT PER- AND POLYFLUOROALKYL SUBSTANCES (PFAS)

Jason Conder, PhD, IBERAD

Zach Pandelides, PhD, IBERAD



Overview

Overview of PFAS in Sediment

- Characteristics, Toxicity, Nature and Extent

Occurrence in Pacific Northwest

Site-Specific Risk Assessment

Ecotoxicity and Bioaccumulation

Summary/Closing Statements

Characteristics

- Persistent (or transform to persistent PFAS)
- Moderately sorptive to organic carbon, yet somewhat soluble in water
- Can bioaccumulate to detectable levels in aquatic life and wildlife

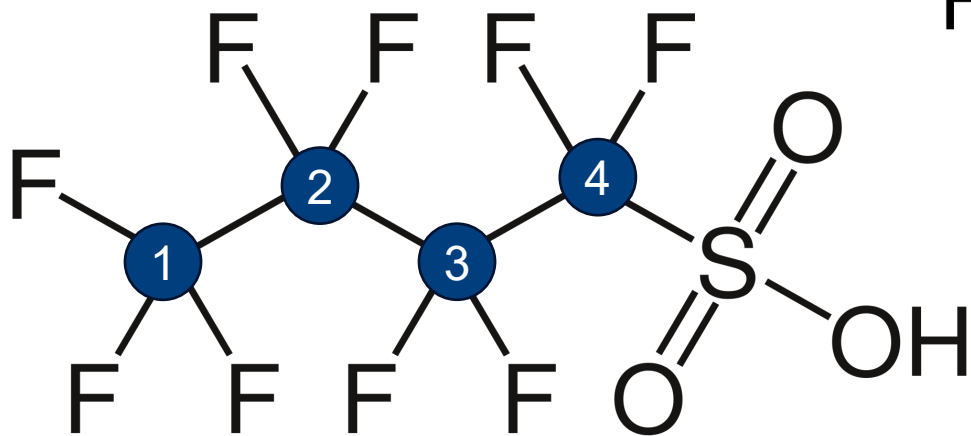
Nature and extent

- Detected in sediment and aquatic life (everywhere)
 - Measured concentrations of some PFAS in aquatic biota have exceeded some risk-based thresholds
- Benthic biota (worms) and benthic fish often exhibit the highest tissue concentrations – for some PFAS, sediment is a source

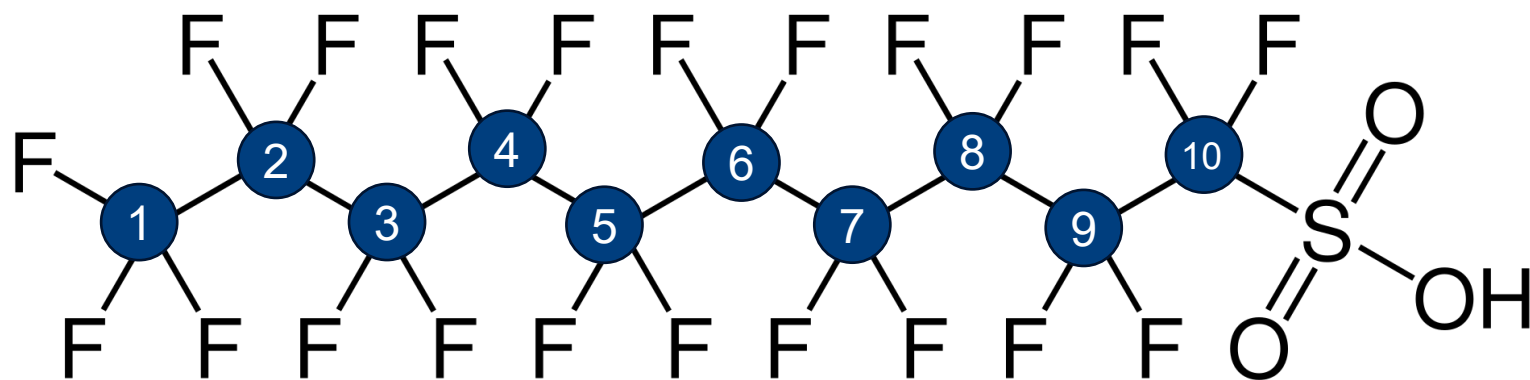


Perfluorinated Carbon Chain Length

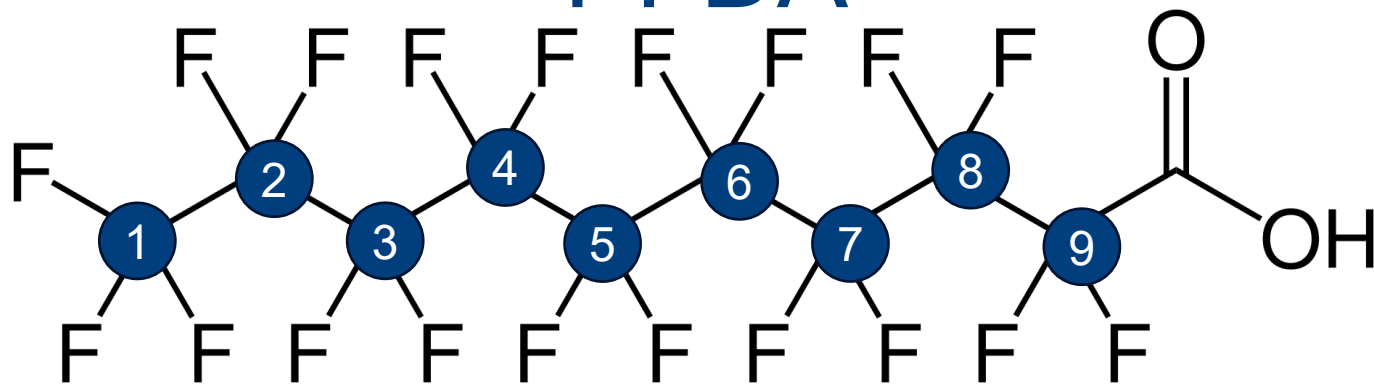
PFBS



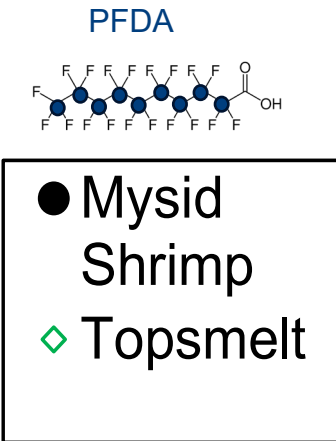
PFDS



PFDA

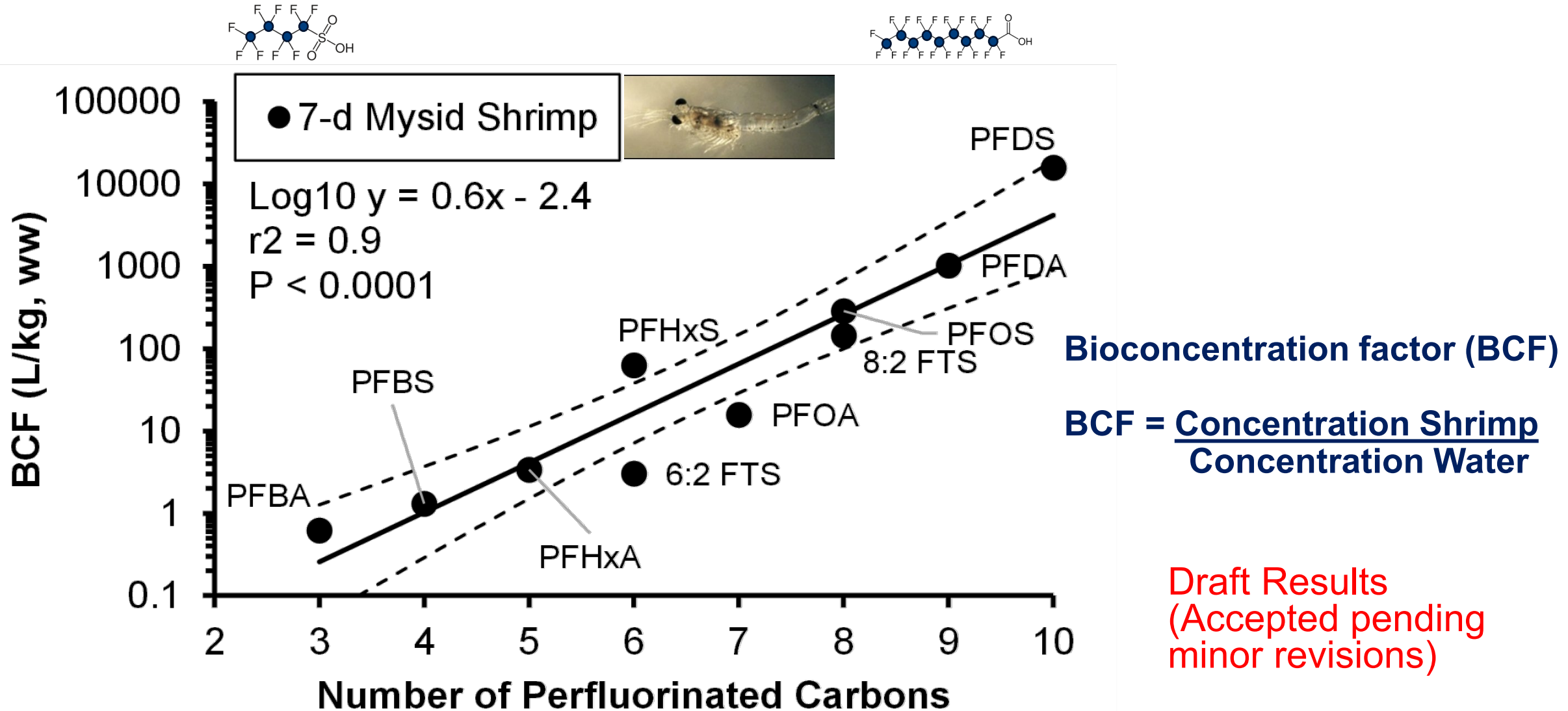


1000 JOURNAL OF MANAGEMENT INQUIRY

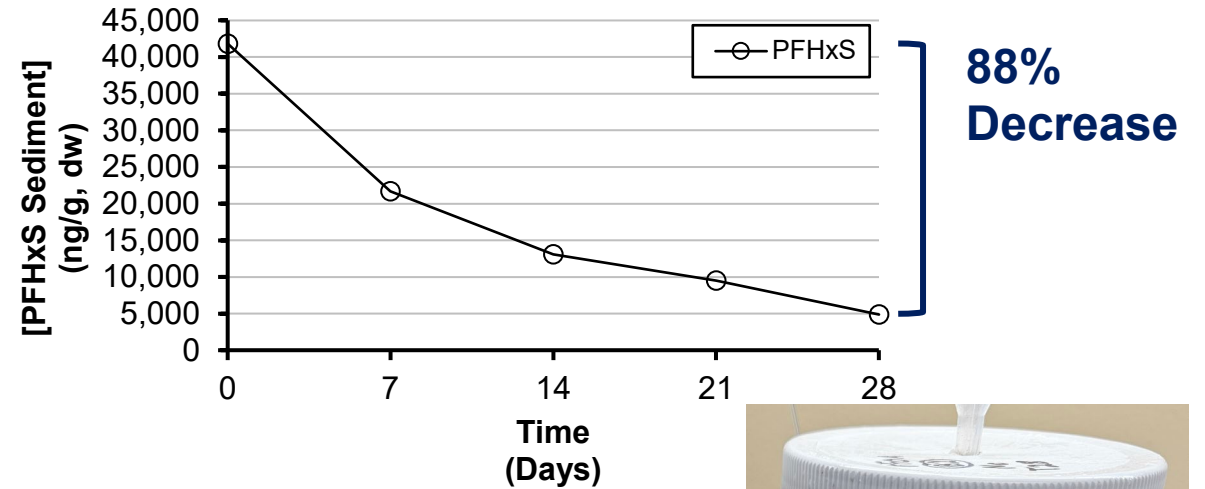
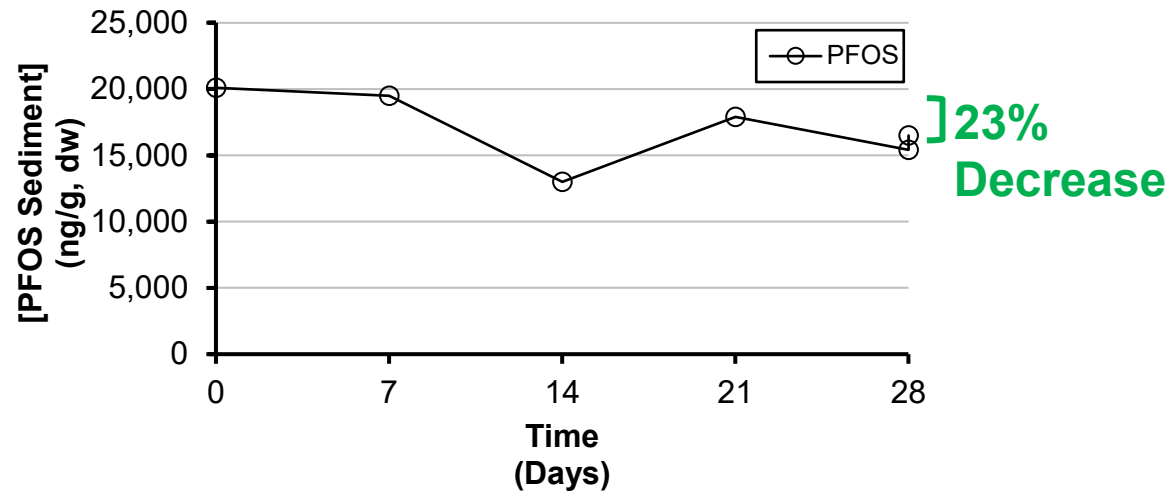


Draft Results (Accepted pending minor revisions)

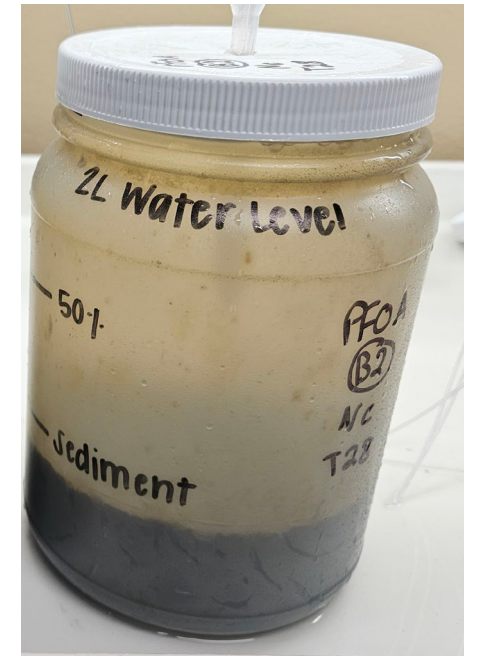
Uptake Correlates With Chain Length



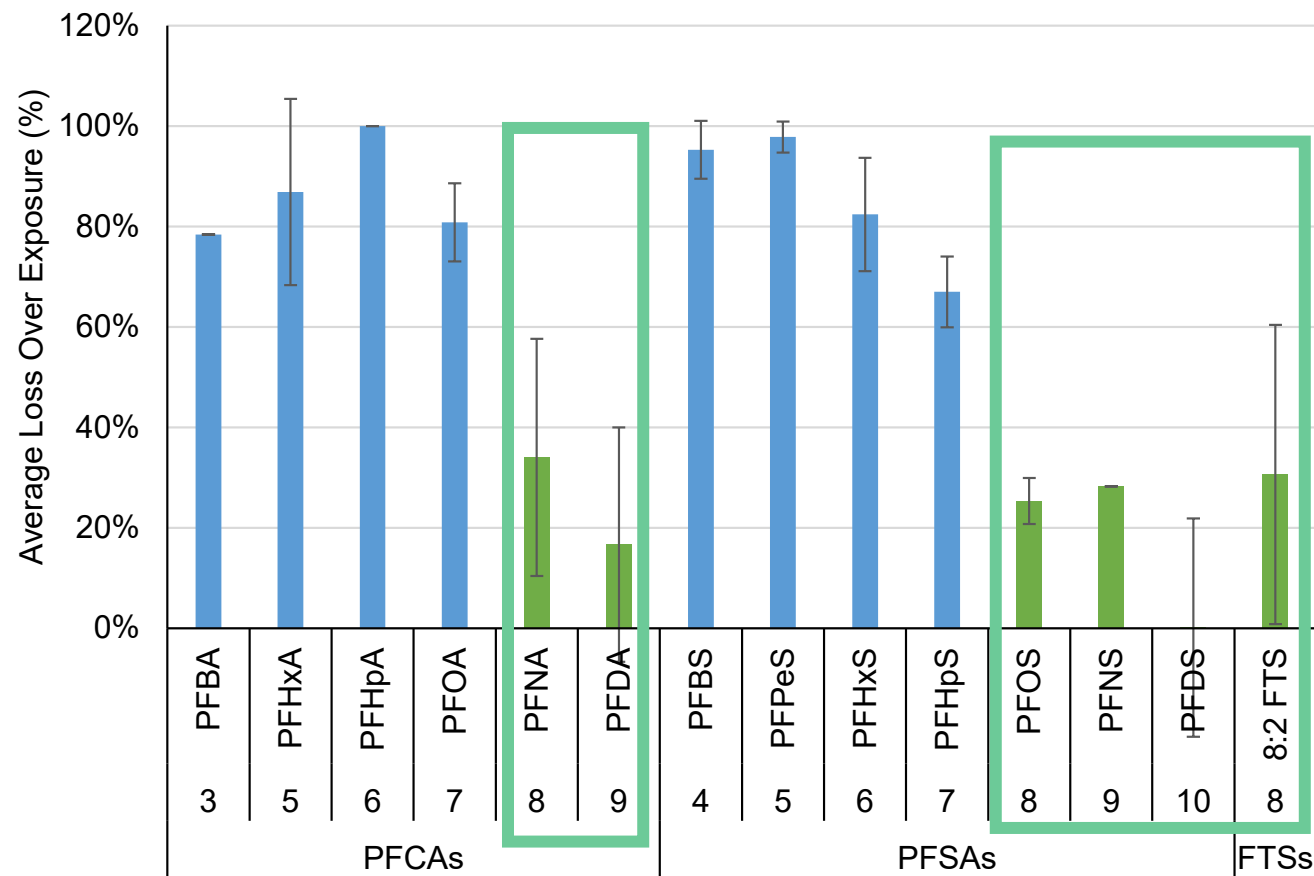
Longer Chained PFAS Stick to Sediment



- Shorter-chained PFAS (e.g., PFHxS) were lost to the overlying water and removed with water exchanges
- Longer-chained PFAS (e.g., PFOS) stayed in the sediment



Longer Chained PFAS Stick to Sediment



KEY POINT

**PFAS ≥ 8 perfluorinated carbons
partitioned to sediment**

Draft Results (in peer review)

PFAS In Sediment Summary

KEY POINT

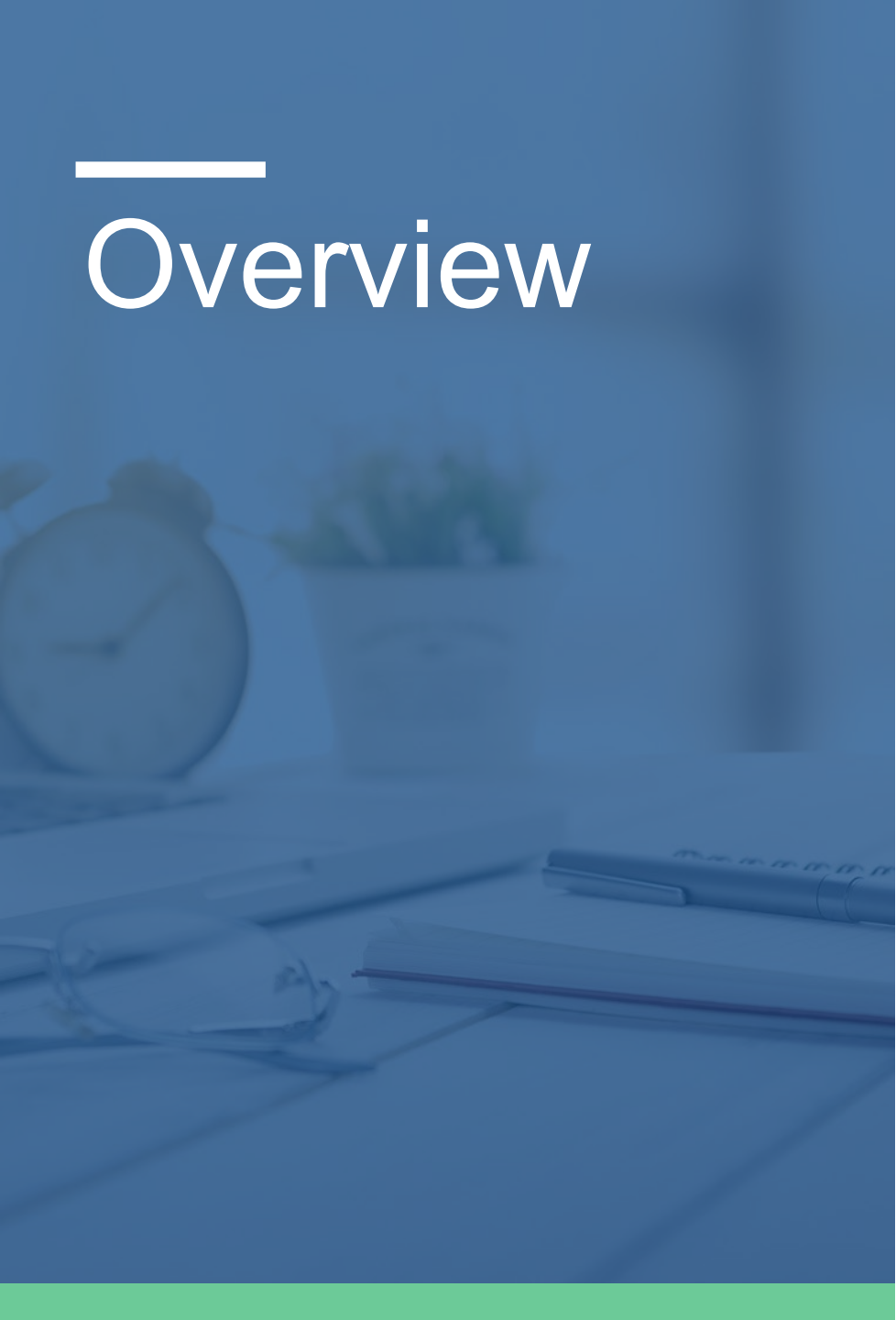
PFAS can bind to and remain in aquatic sediment

KEY POINT

Longer chained PFAS bind with sediment

KEY POINT

Toxicity and bioaccumulation is higher with longer chain length



Overview

Overview of PFAS in Sediment

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PFAS Occurrence in the Pacific Northwest

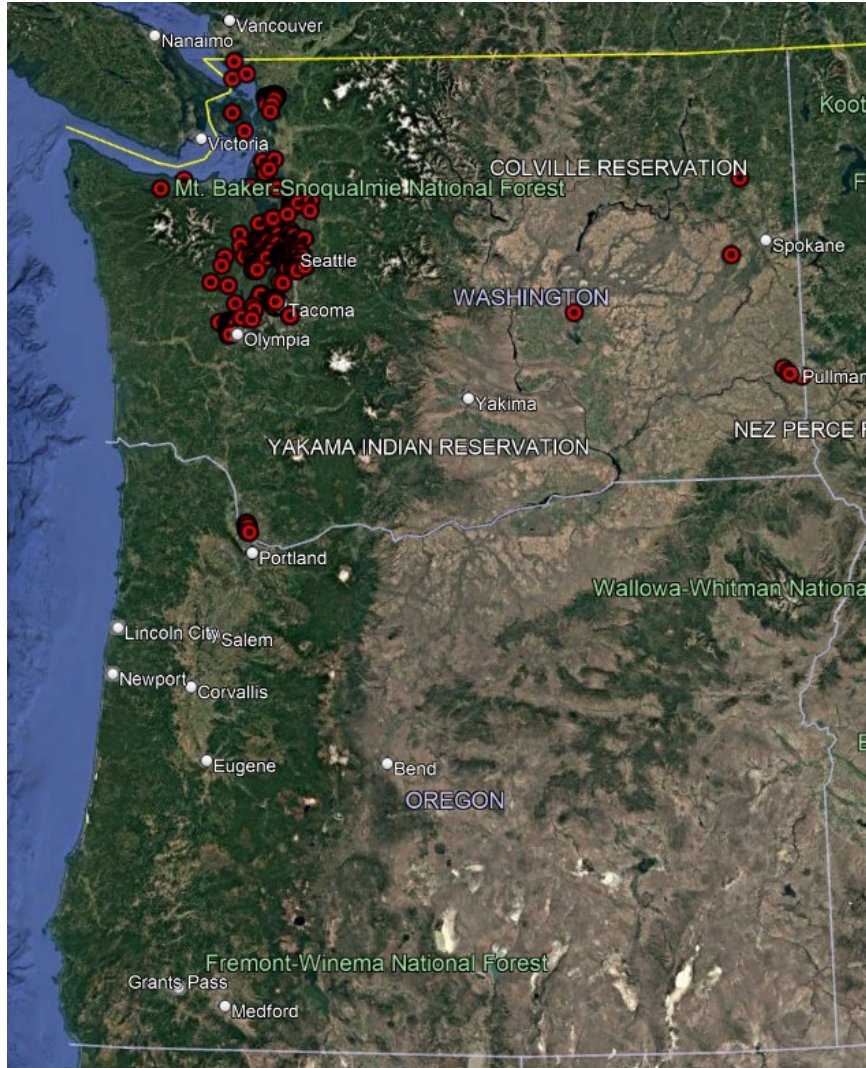
A state-of-the-science review by Geosyntec (for ECOLOGY) evaluated available data:

- Identify and compile available PFAS biota and sediment data from the Pacific Northwest
- Synthesize available PFAS toxicity data relevant to Sediment
- Develop Data Spreadsheets and visual summaries

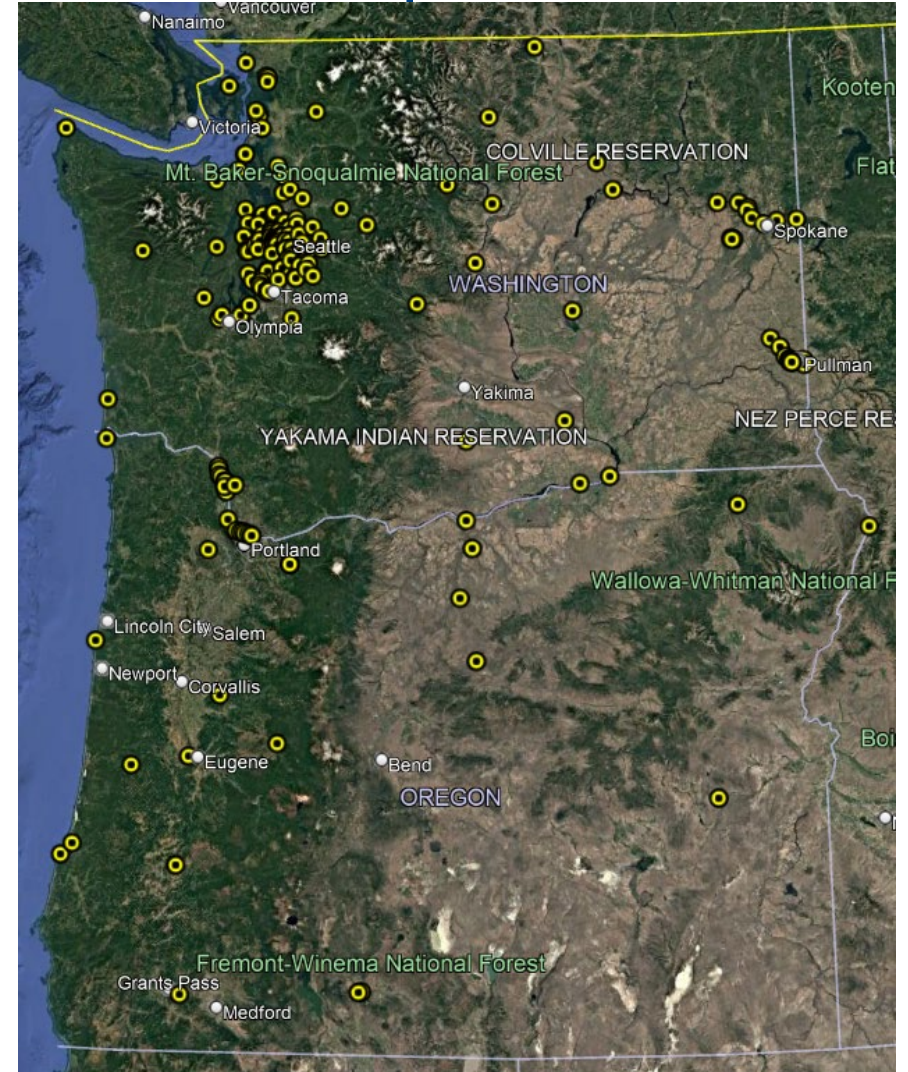
Supporting ECOLOGY'S future work

PFAS in the Pacific Northwest

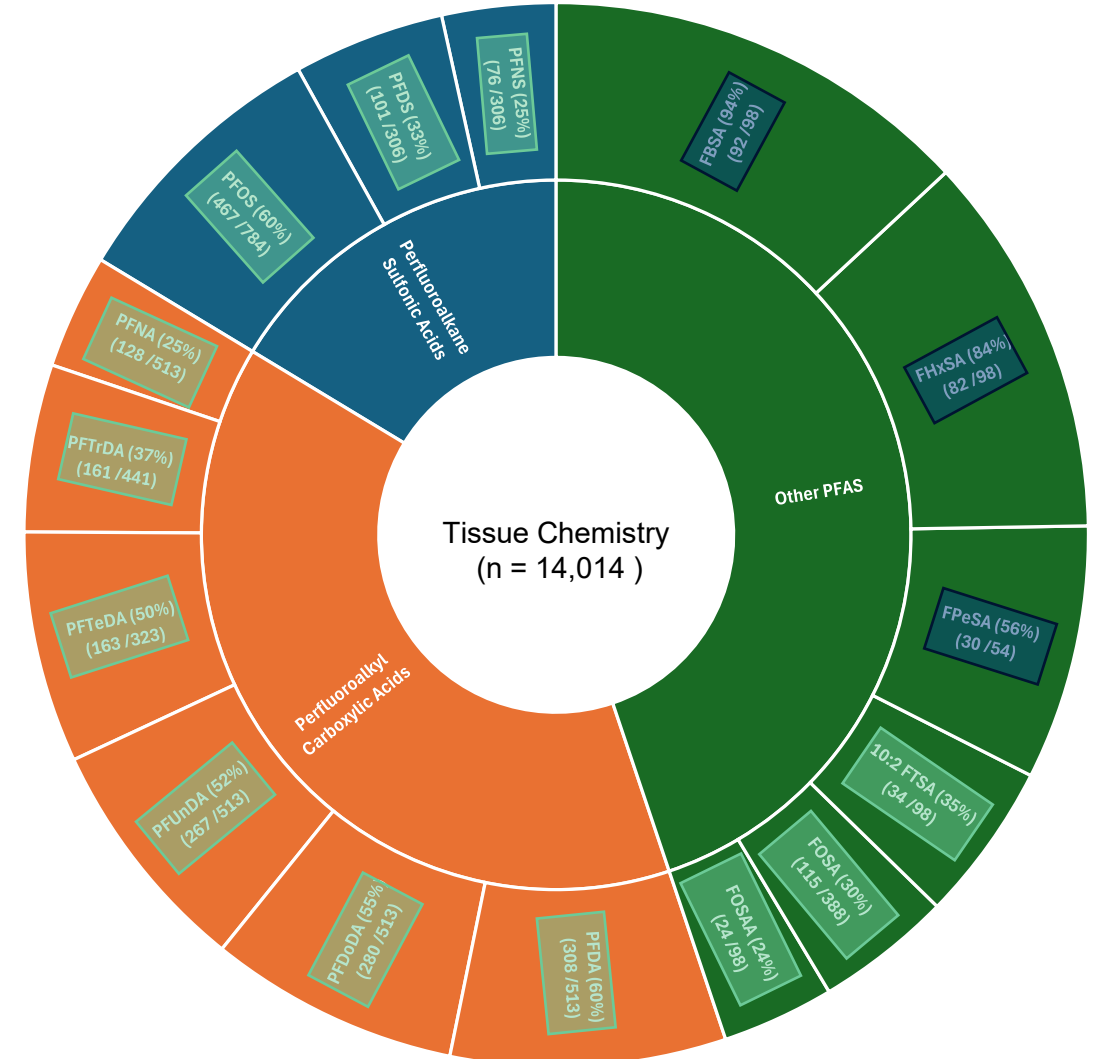
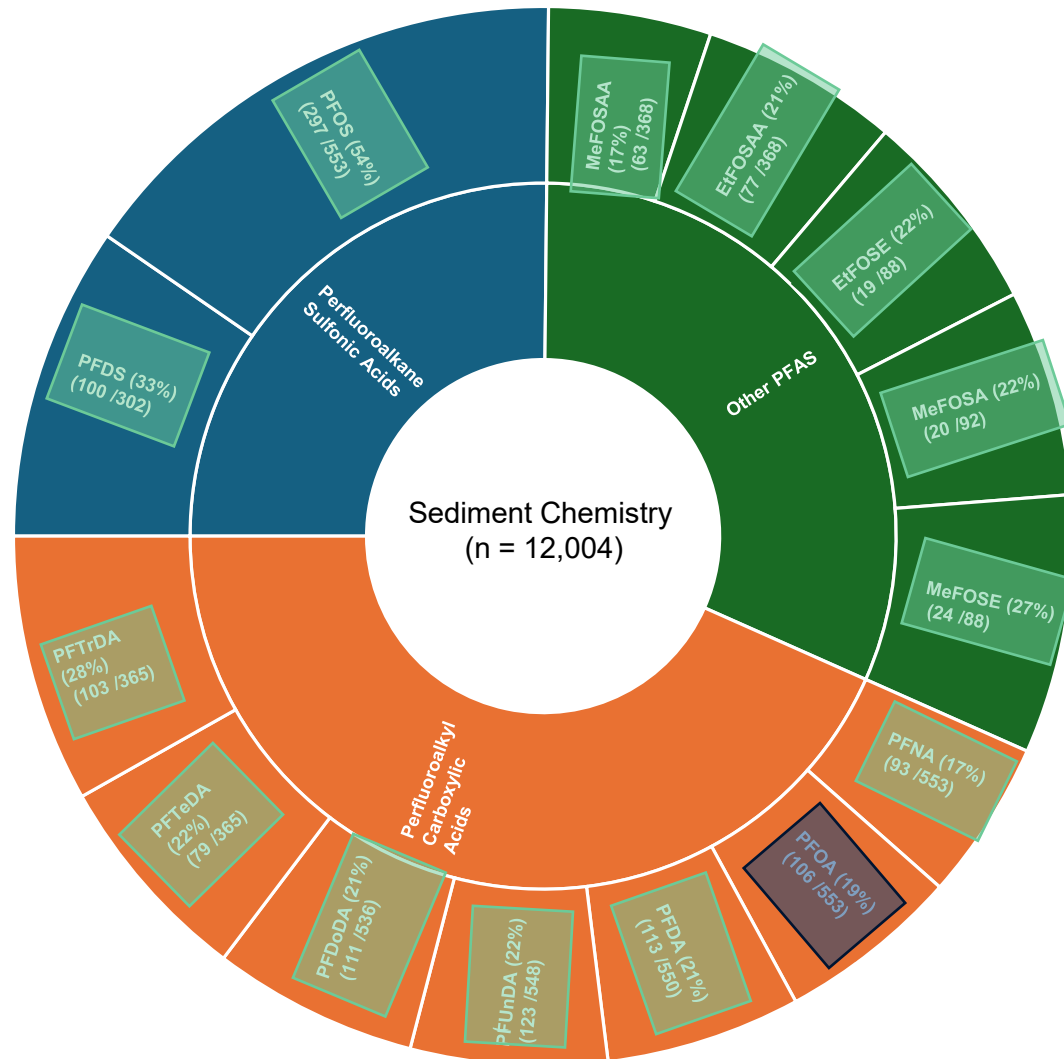
Sediment Sample Locations



Tissue Sample Locations



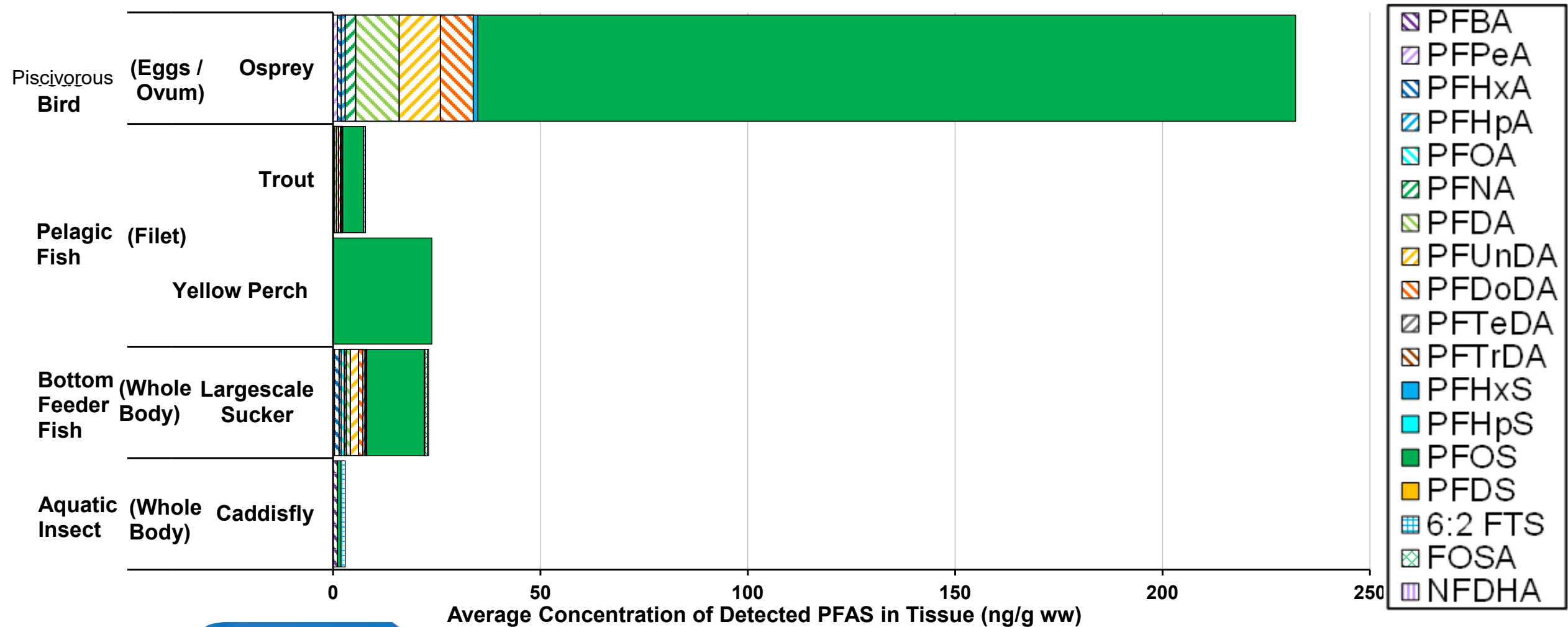
PFAS With ≥ 8 Perfluorinated Carbons Are The Most Frequently Detected PFAS in Sediment and Animals



Sediment Associated PFAS ≥ 8 perfluorinated C

Water Associated PFAS < 8 perfluorinated C

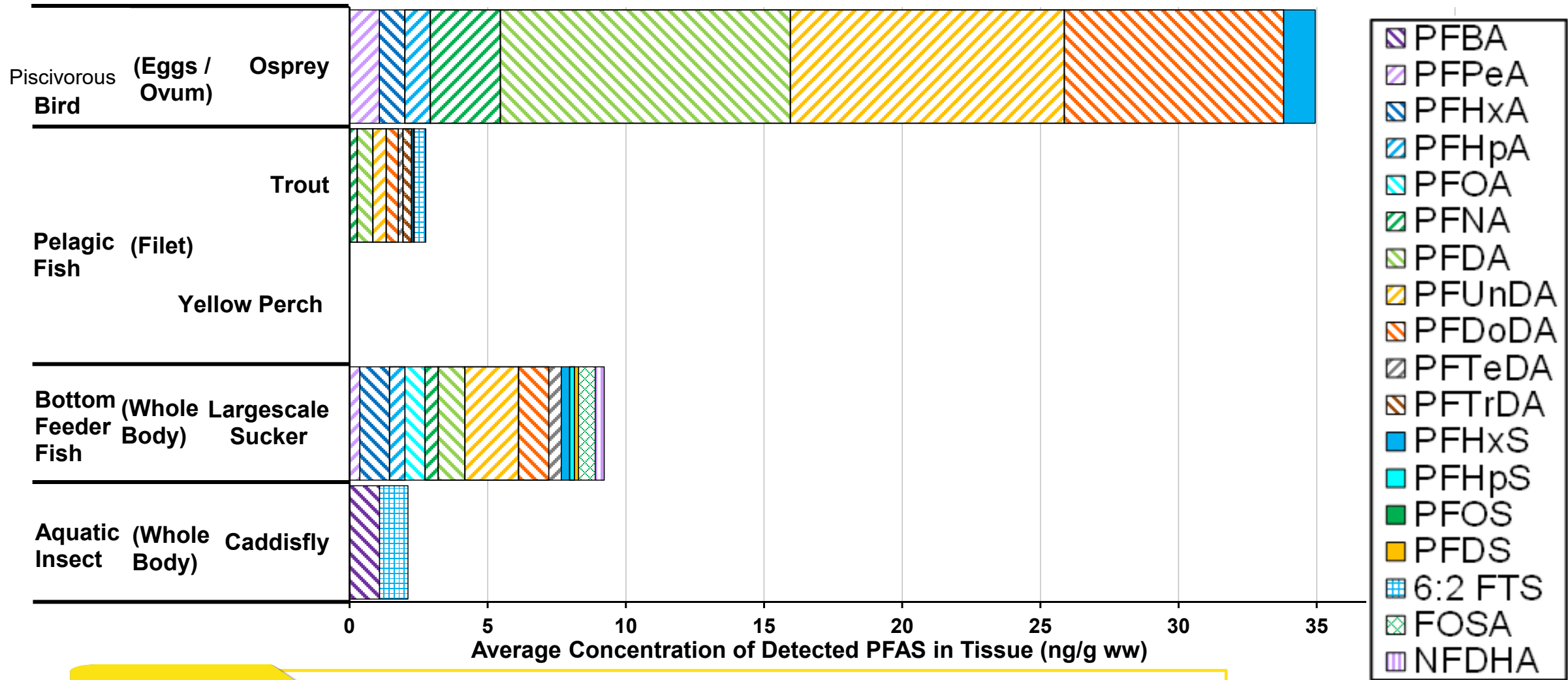
Average Detected PFAS in Freshwater Aquatic and Aquatic Dependent Wildlife Tissue



KEY POINT

PFOS is detected most frequently and at the highest concentrations

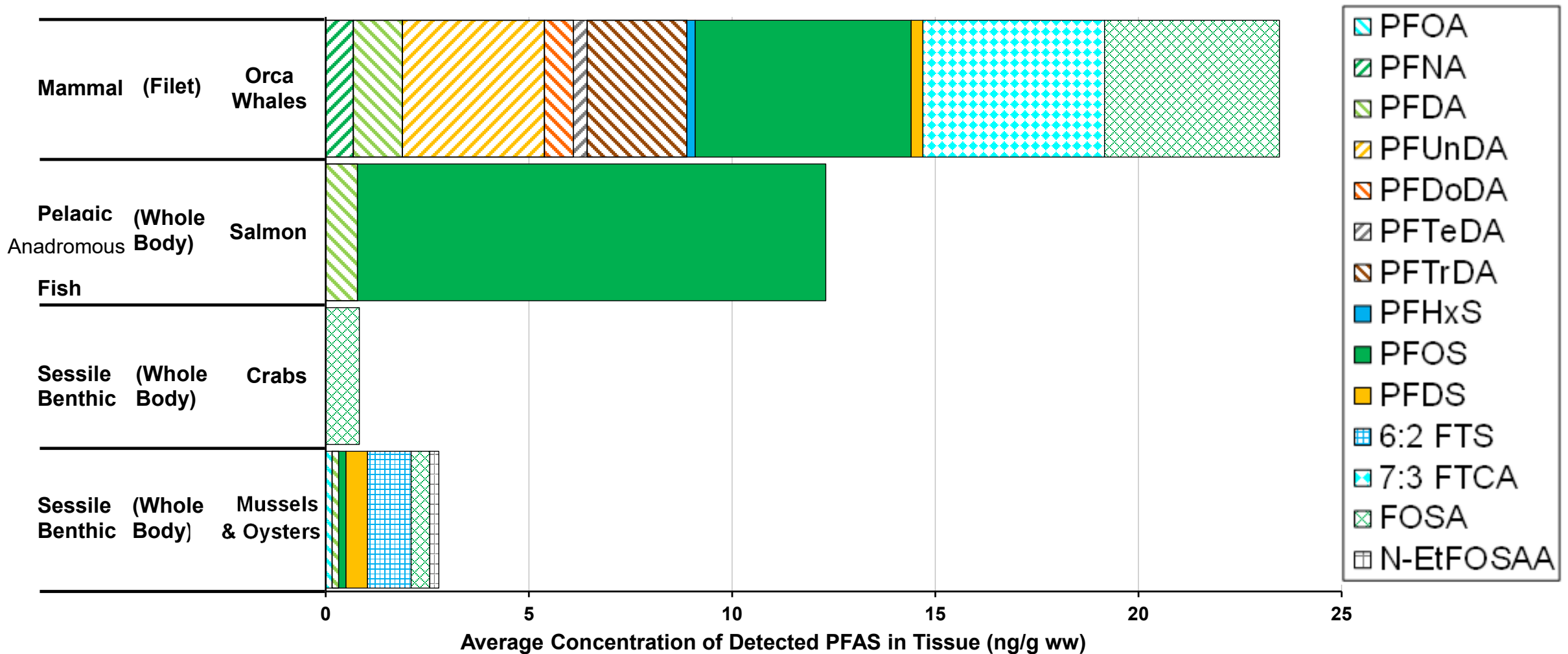
Average Detected PFAS in Freshwater Aquatic and Aquatic Dependent Wildlife Tissue Excluding PFOS



KEY POINT

PFAS ≥ 8 perfluorinated carbons are more commonly detected in animal tissue

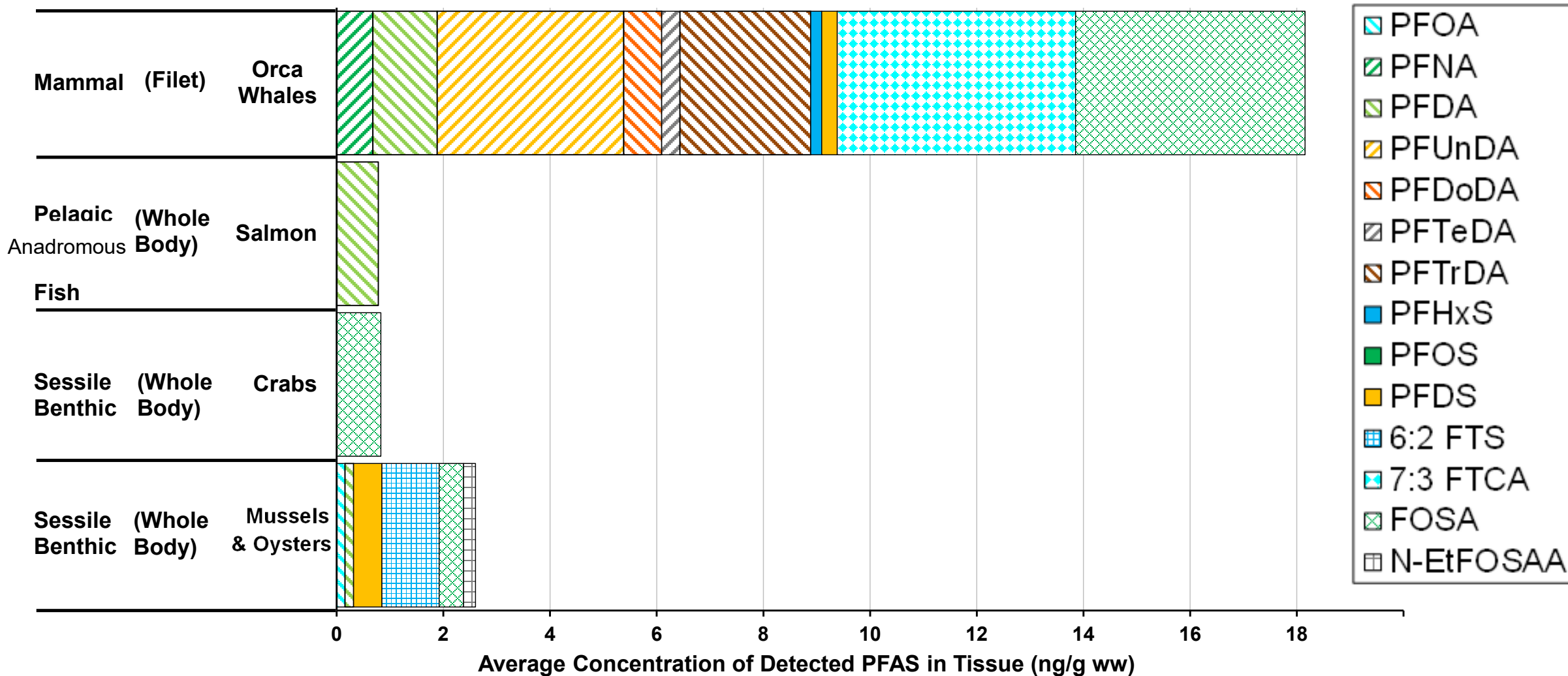
Average Detected PFAS in Marine Aquatic and Aquatic Dependent Wildlife Tissue



KEY POINT

PFOS is detected at high concentrations in marine animals relative to other PFAS

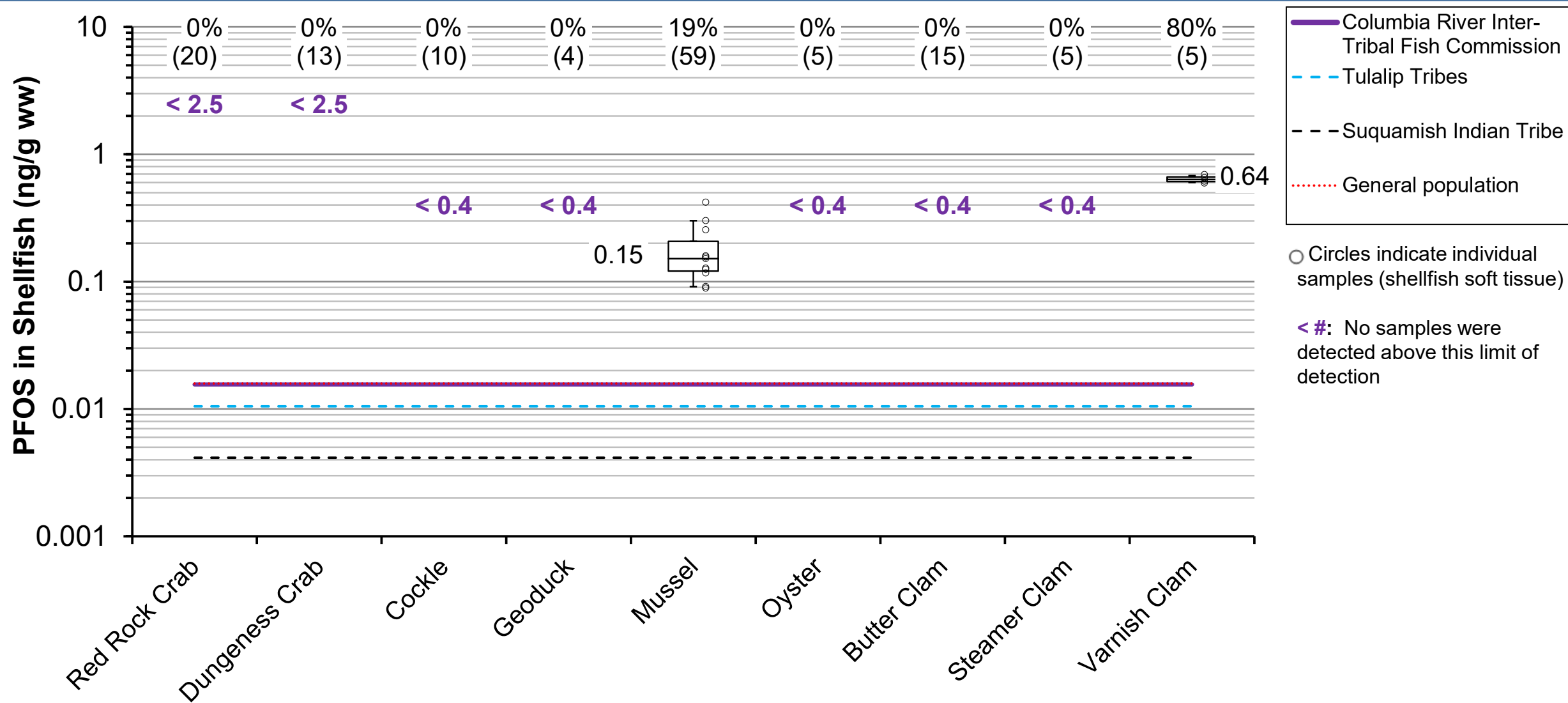
Average Detected PFAS in Marine Aquatic and Aquatic Dependent Wildlife Tissue Excluding PFOS



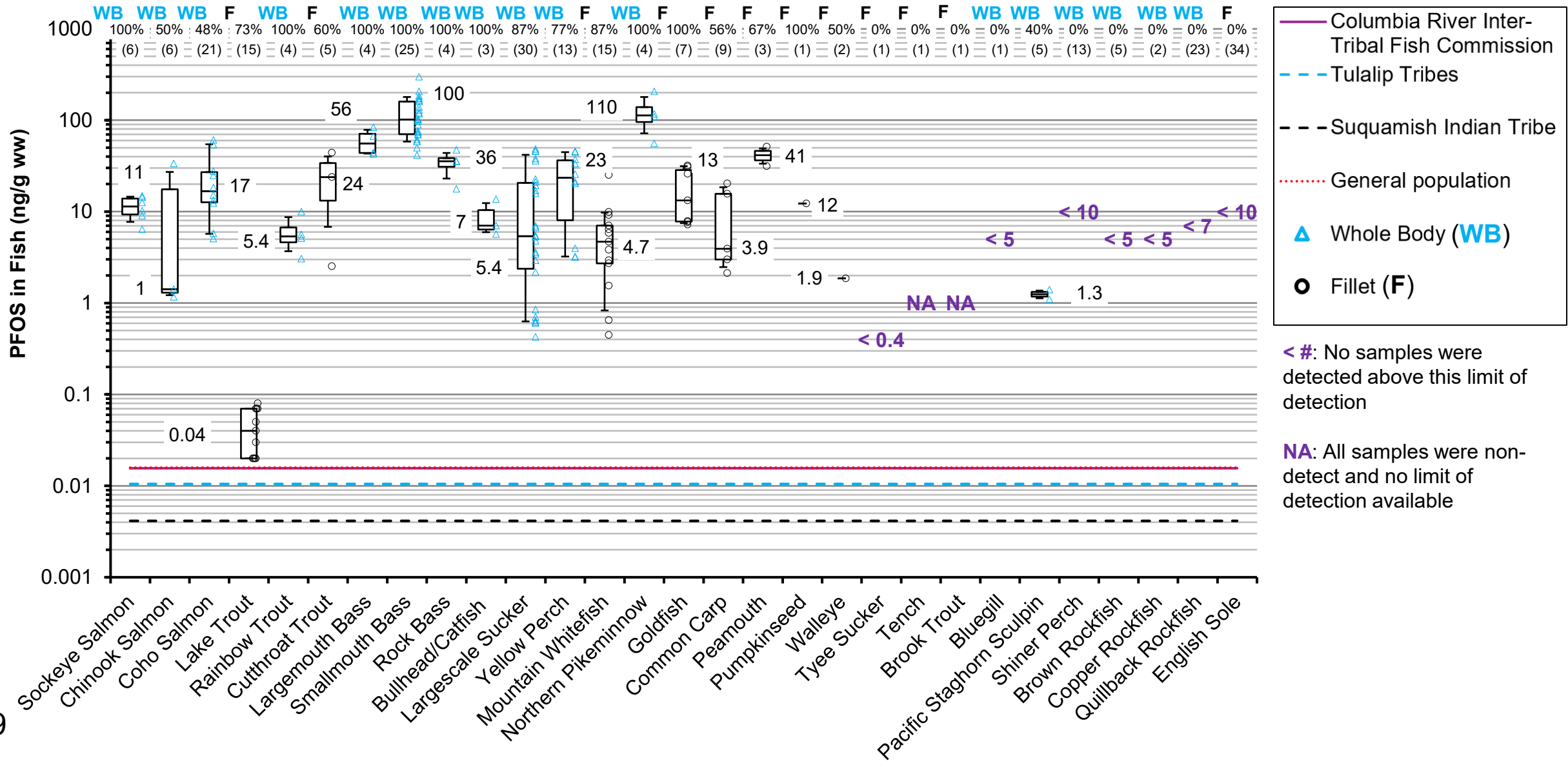
KEY POINT

PFAS ≥ 8 perfluorinated carbons are more commonly detected in animal tissue

Shellfish Tissue Concentrations Exceed Calculated Risk-Based Tissue Concentrations



Fish Tissue Concentrations Exceed Calculated Risk-Based Tissue Concentrations





PFAS in the Pacific Northwest Conclusions

- PFAS are found in freshwater/marine sediments
- As PFAS in sediment can enter the water table it is possible that a proportion of PFAS in aquatic life is from sediment
- PFOS is the PFAS with the highest detected concentration in animal tissue
- PFAS found in freshwater and marine sediment tend to be ≥ 8 perfluorinated carbons long



Overview

Overview of PFAS in Sediment

- Characteristics, Toxicity, Nature and Extent

Occurrence in Pacific Northwest

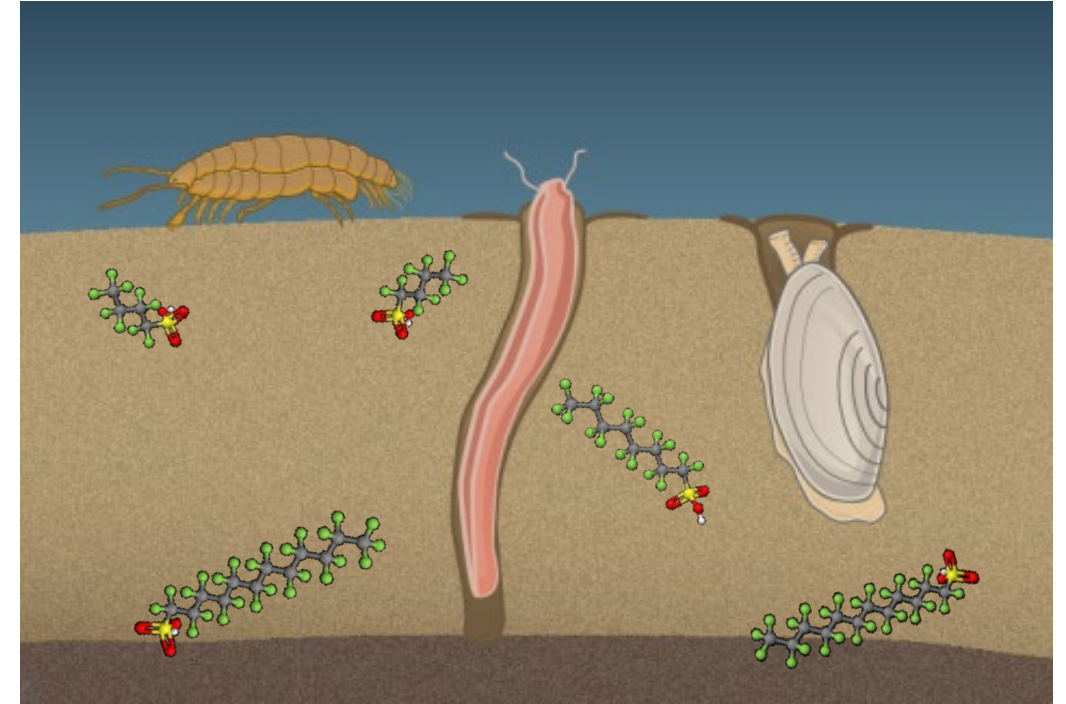
Site-Specific Risk Assessment

Ecotoxicity and Bioaccumulation

Summary/Closing Statements

Risk Considerations

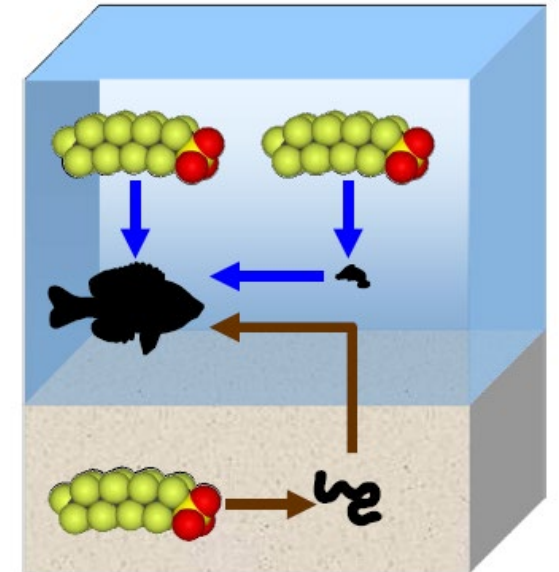
- Risk assessment is possible for some PFAS
 - Toxicological benchmarks (aquatic life values, human health reference doses, human health cancer slope factors, wildlife toxicity reference values) are available
 - Some sediment screening levels are available



Managing PFAS Risk: Sediment vs. Water

PFOS is found in both sediment and water

Modeling at case study sites (Larson et al., 2018) indicates majority of PFOS in food webs originates in sediment compared to water



Managing PFAS Risk: Sediment vs. Water

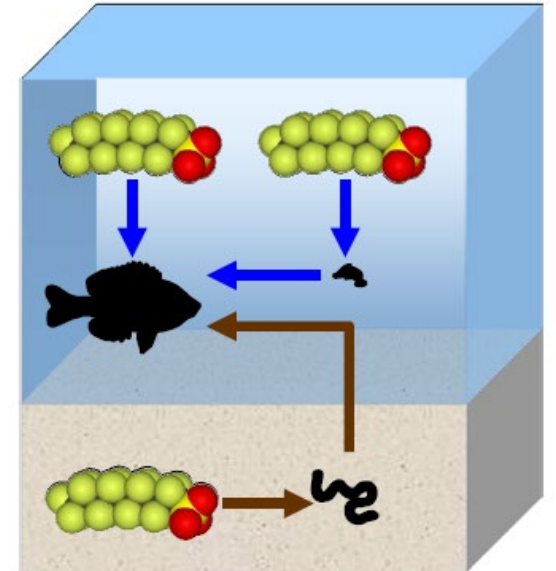
PFOS is found in both sediment and water

Modeling at case study sites (Larson et al., 2018) indicates majority of PFOS in food webs originates in sediment compared to water

- Yes, “it’s only a model”

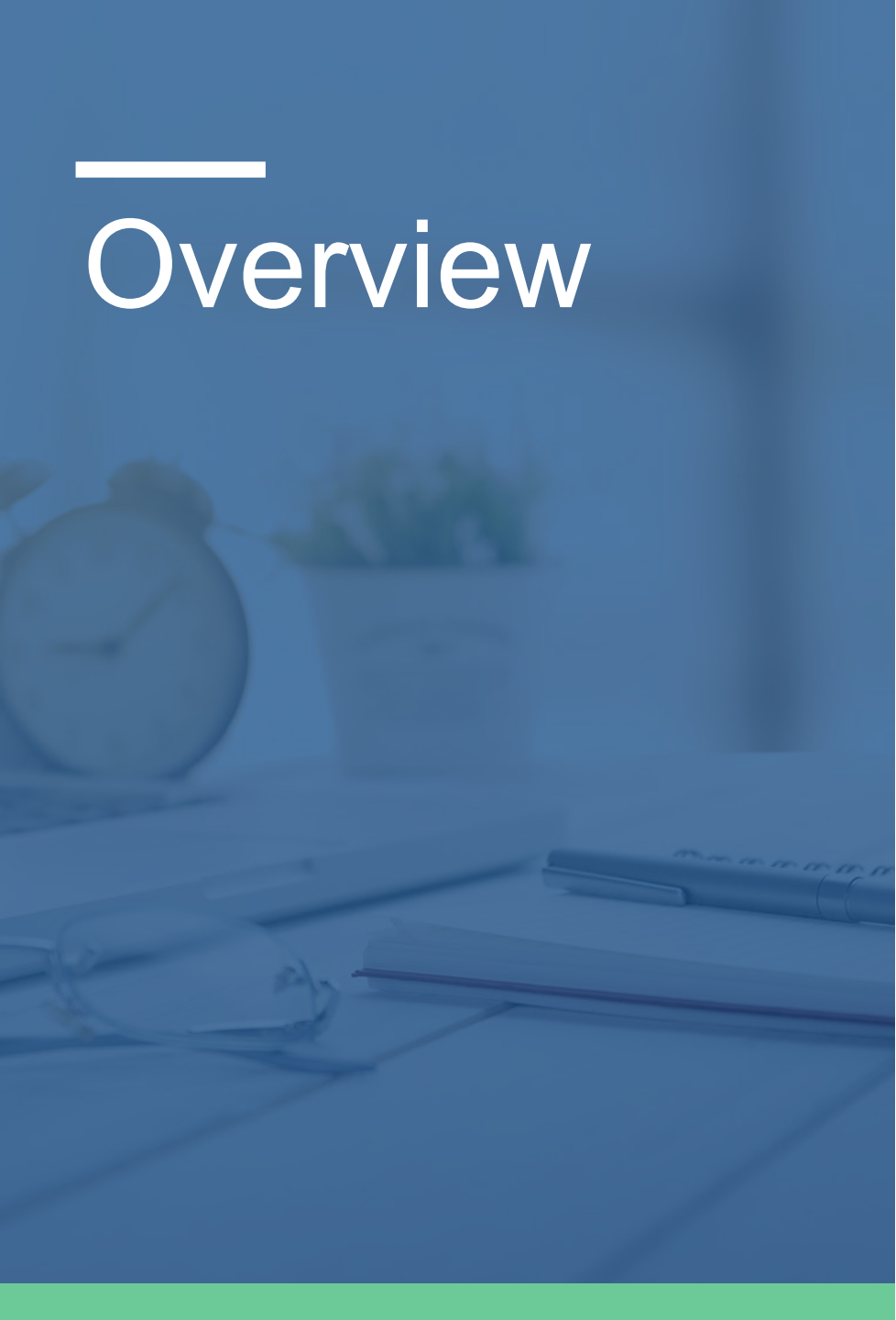


- At many sites, concentrations of PFOS in benthic invertebrates are similar to or higher than fish



KEY POINT

Addressing PFAS in sediment will likely include site-specific decisions



Overview

Overview of PFAS in Sediment

- Characteristics, Toxicity, Nature and Extent

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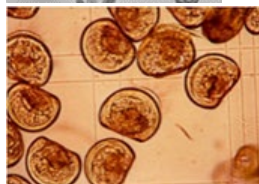
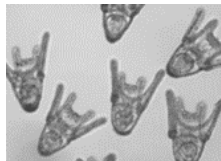
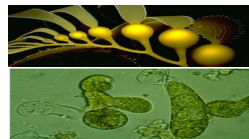
PFAS Marine Toxicity Research

Objectives

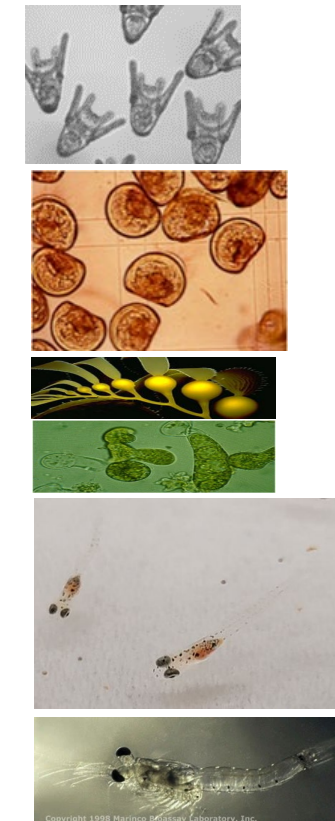
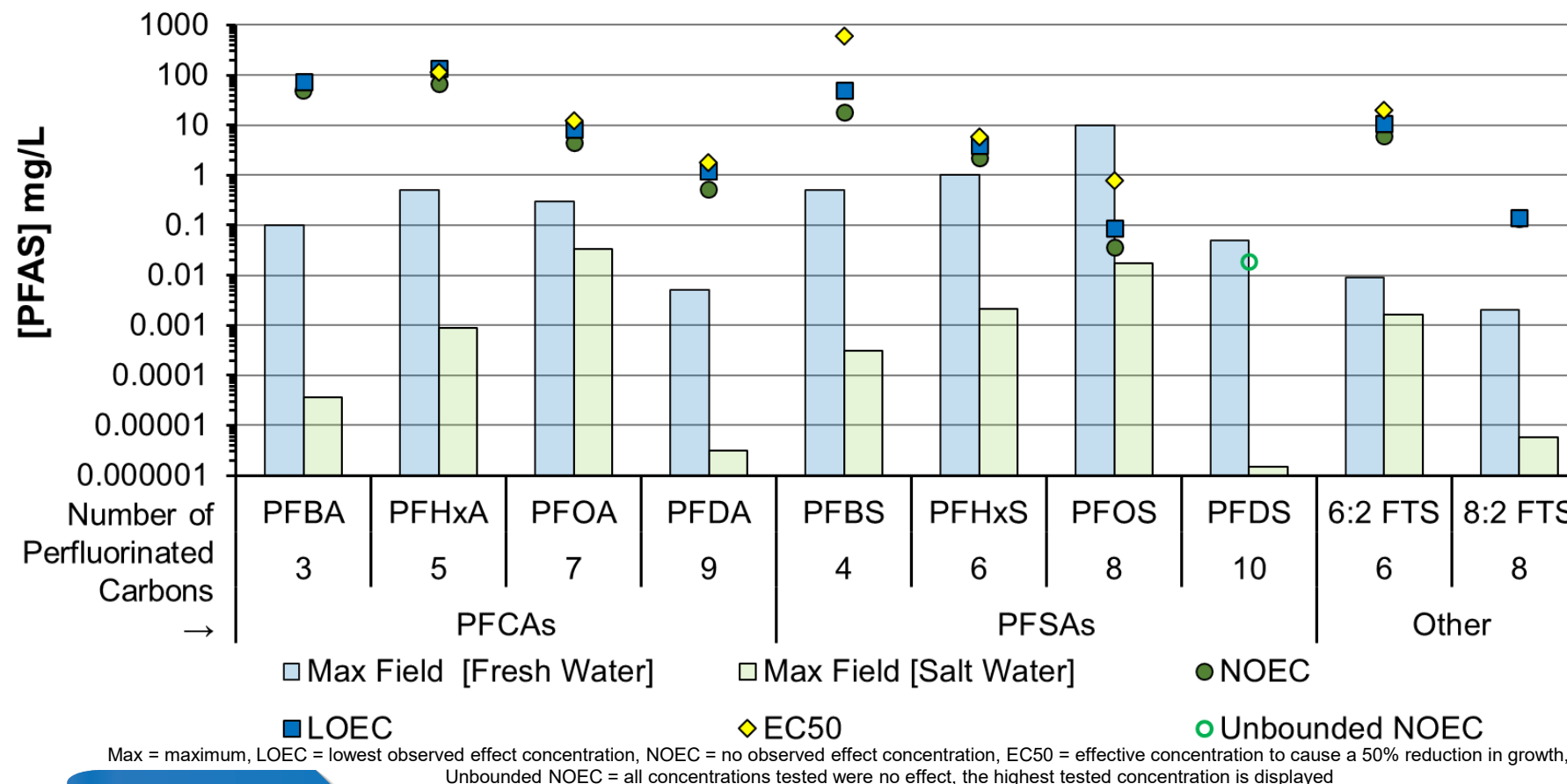
- Fill data gaps by generating marine toxicological data
- Derive chronic toxicity, uptake factors, mixture toxicity
- Improve ecological risk assessment of PFAS-impacted sites

Studies

- Evaluation of 10 PFAS for 5 pelagic species – toxicity and bioaccumulation
- Evaluation of 6 sediment-associated PFAS for 2 benthic species – toxicity and bioaccumulation
- Mixture toxicity



Single-PFAS Marine Water Effect Benchmarks



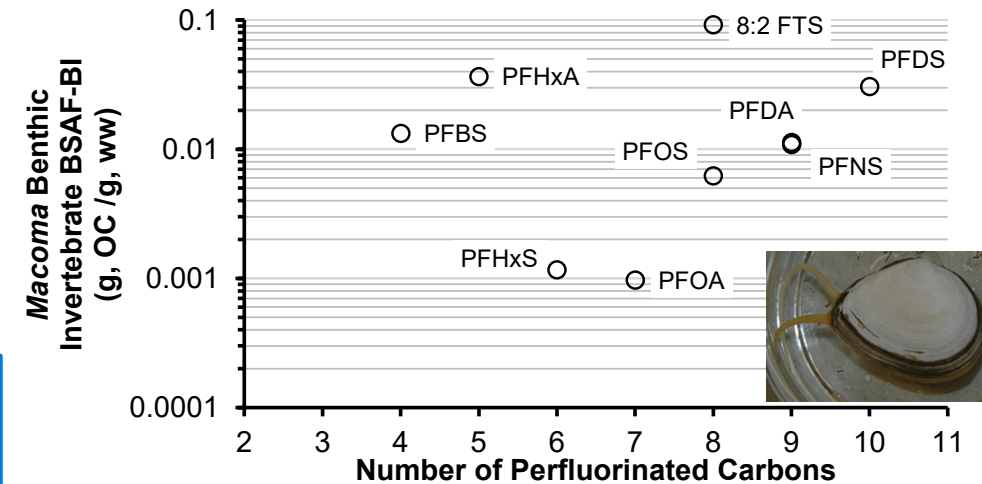
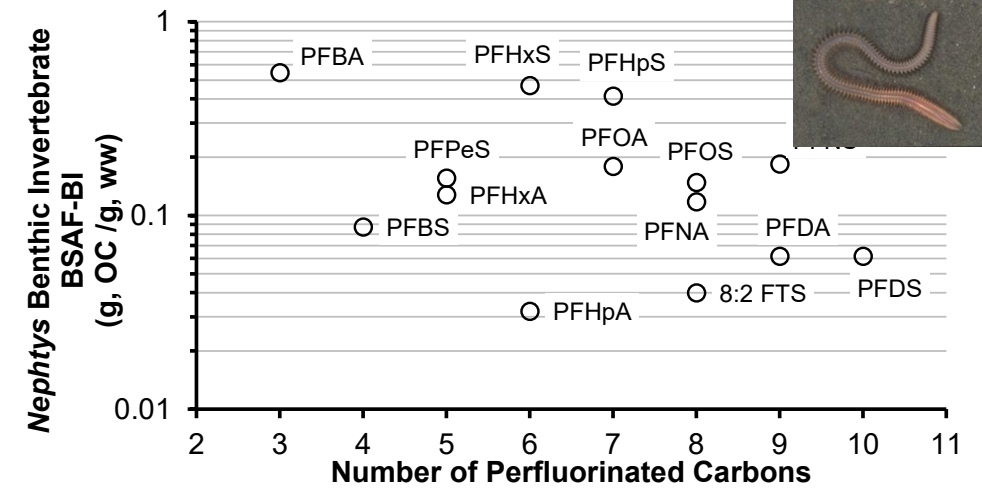
KEY POINT

Adverse effects in the 5 pelagic species tested occur at surface water concentrations orders of magnitude higher than occur at Sites

Sediment Bioaccumulation Results – Biota-Sediment Accumulation Factors (BSAFs)

Nephtys BSAFs are

- 1 order of magnitude **higher** than *Macoma*
- 1 order of magnitude **lower** than freshwater oligochaete (Higgins et al. 2007)



Note: Normalized to organic carbon in sediment

KEY POINT

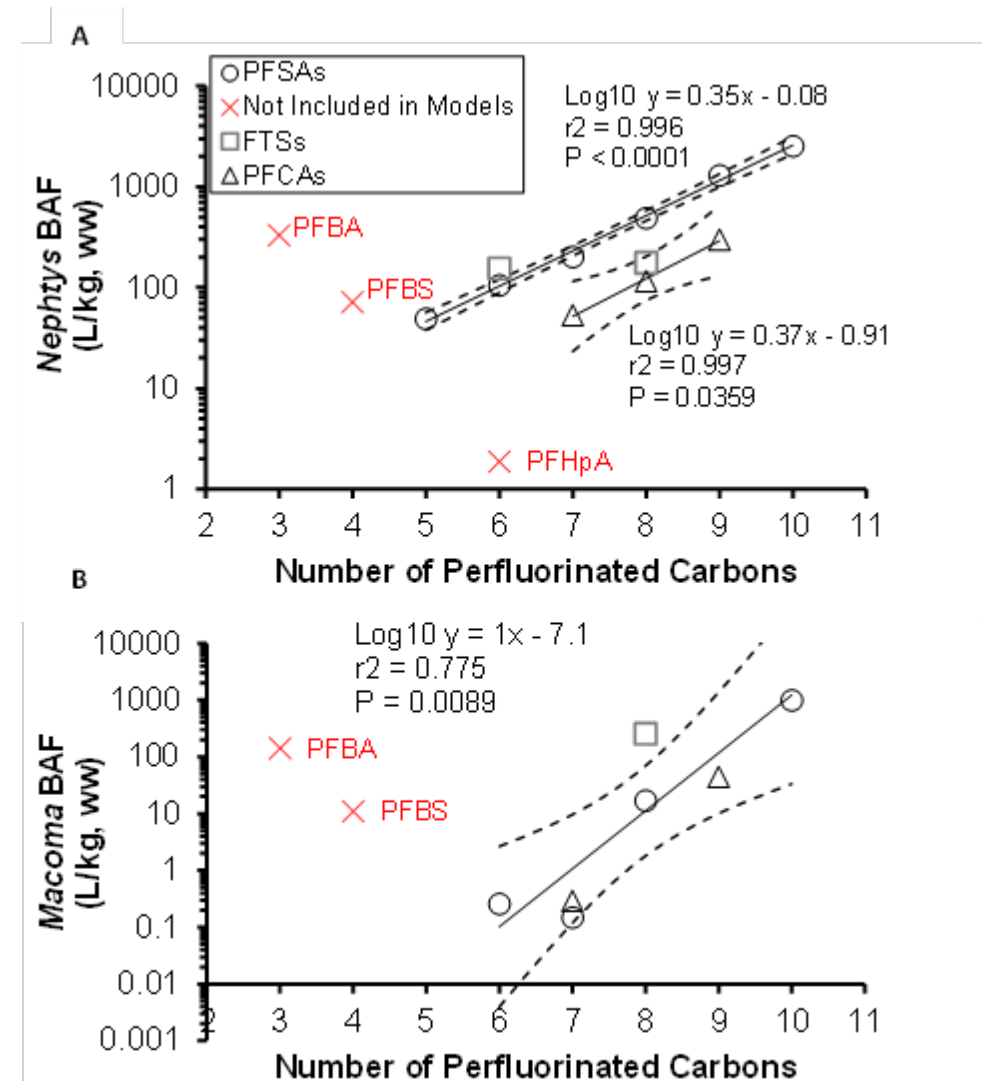
Poor relationship between perfluorinated carbon chain length and uptake relative to bulk sediment concentrations

Sediment Bioaccumulation Results – Porewater Derived Bioaccumulation Factors (BAFs)

- Expected relationship between perfluorinated chain length and BAF observed, especially by functional group

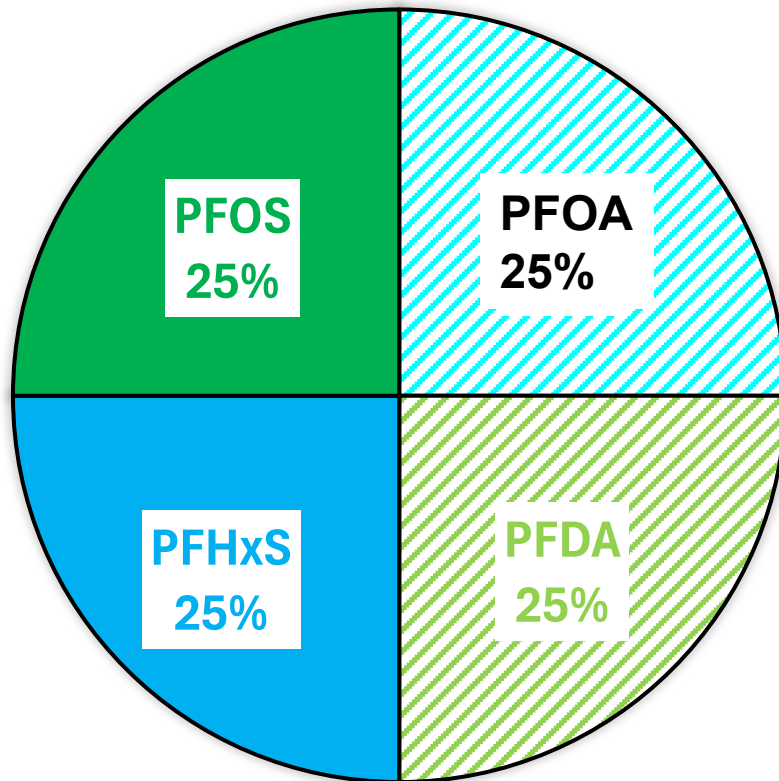
KEY POINT

Porewater concentrations are a better indicator of bioavailability than bulk sediment

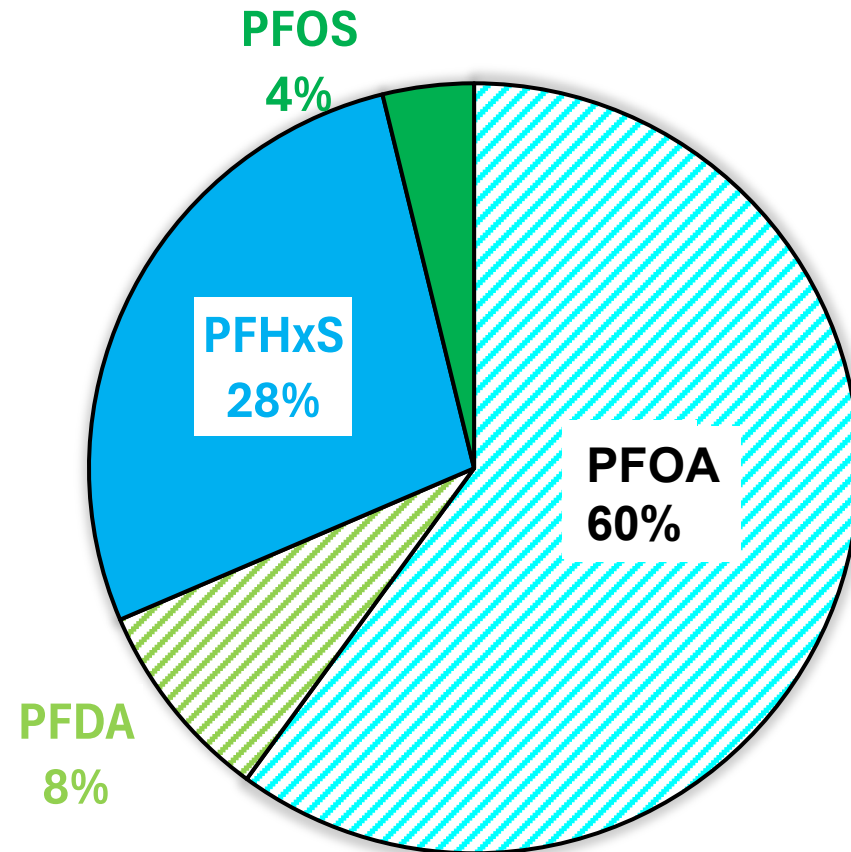


Mixture Testing: Equitoxic Mixture

BY TOXIC UNITS



BY CONCENTRATION

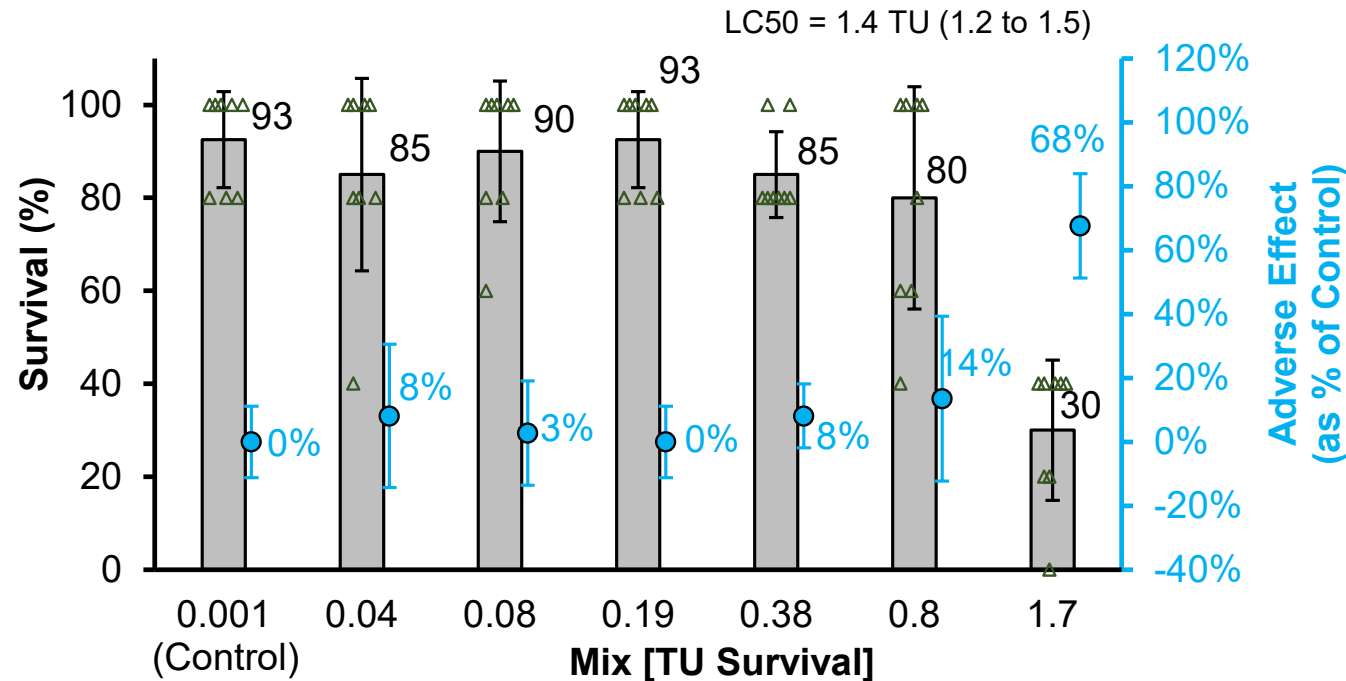


e.g. The concentration to cause a 50% reduction in growth of PFOS was 1 mg/L and PFOA was 100 mg/L. A binary mixture using equitoxic TUs would be 0.5 mg/L PFOS and 50 mg/L PFOA and be predicted to cause a 50% effect (if additive)

Note: The data and research presented on this slide are external grant funded research by Geosyntec and their collaborators

Mixture Testing: Equitoxic Mixture

A



Test 121 Equitoxic mixtures (PFOA, PFDA, PFHxS, and PFOS)
Mysid Shrimp Preliminary Mixture Results [Measured TU]

KEY POINT

Mixtures of PFAS cause toxicity in an additive manner

- We can predict the risk of mixtures of PFAS using this method
- We could evaluate risk of PFAS like how we do for PAH mixtures

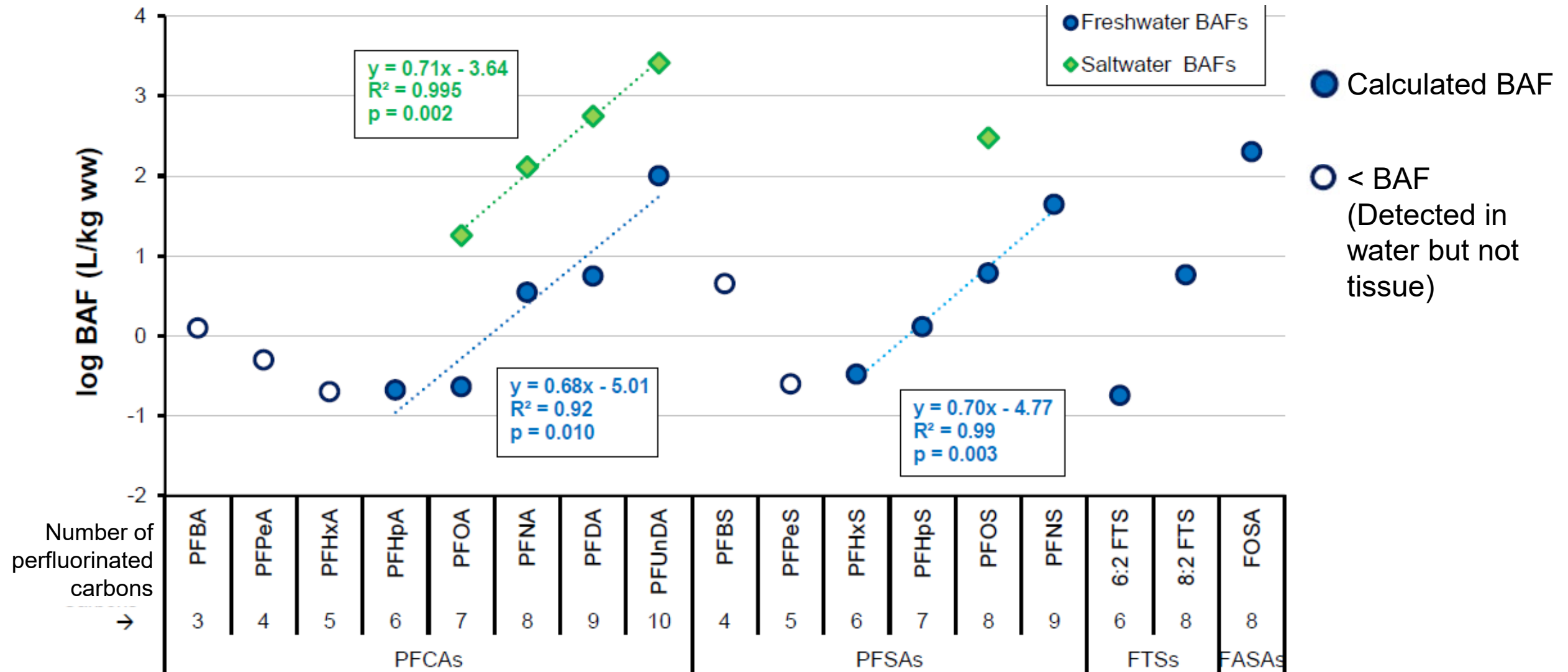
PFAS in Bivalves Study Objectives

- Benthic biota, such as bivalves, may be more susceptible than other seafood to contamination from PFAS^{1,2,3}
 - Bivalves may be an important exposure pathway for consumers
- Objectives:
 - Identify robust field studies at AFFF sites where PFAS was measured in bivalve tissues (and preferably at least an additional aquatic species like fish)
 - Identify robust laboratory studies from which water-to-tissue and sediment-to-tissue bioaccumulation metrics can be obtained

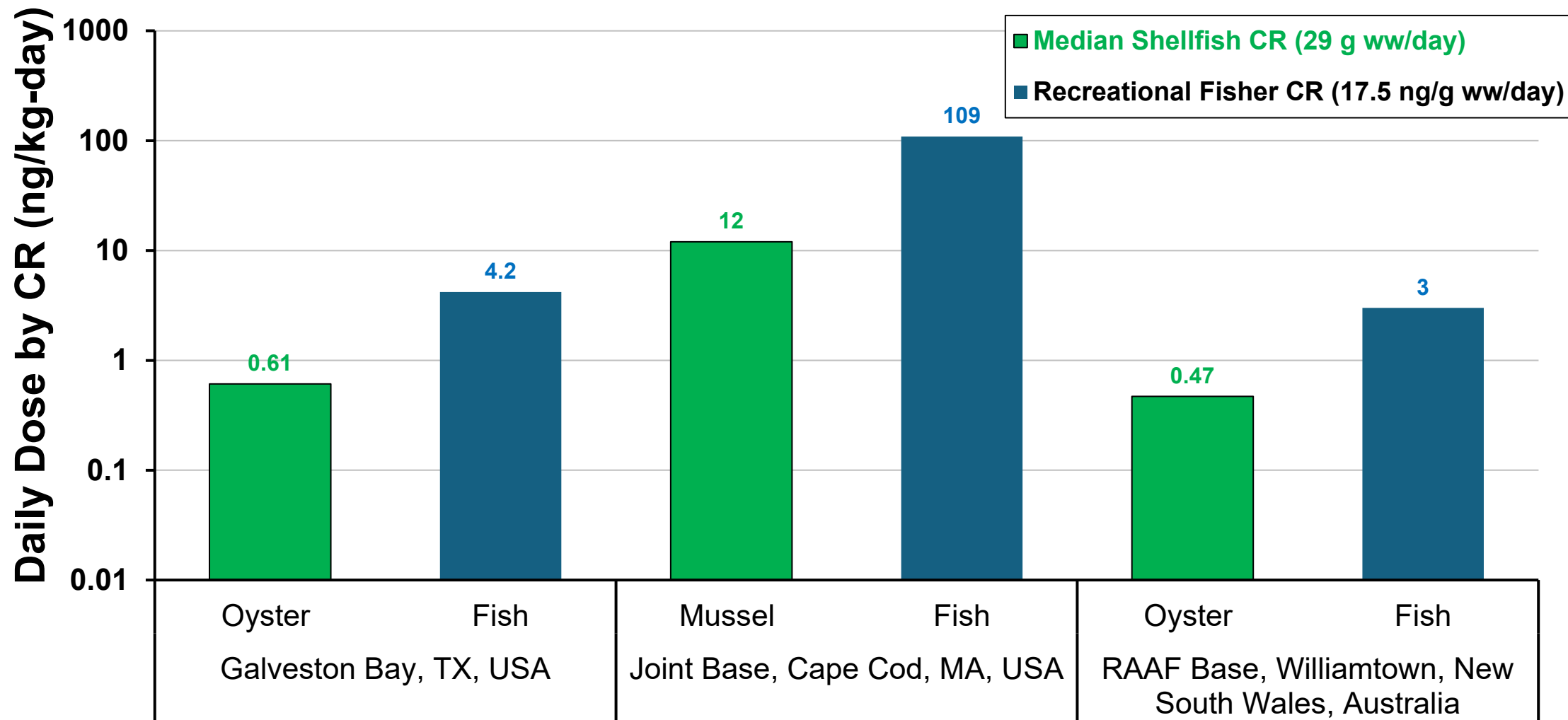
¹Giffard et al. 2022, *Curr Envir Health Rpt* 9; ²Brambilla 2024, *Environ Sci Pollut Res Int* 31(22);

³USEPA 2024, Contaminants to Monitor in Fish and Shellfish Advisory Programs

The Uptake of PFAS Correlates with Perfluorinated Carbon Chain Length

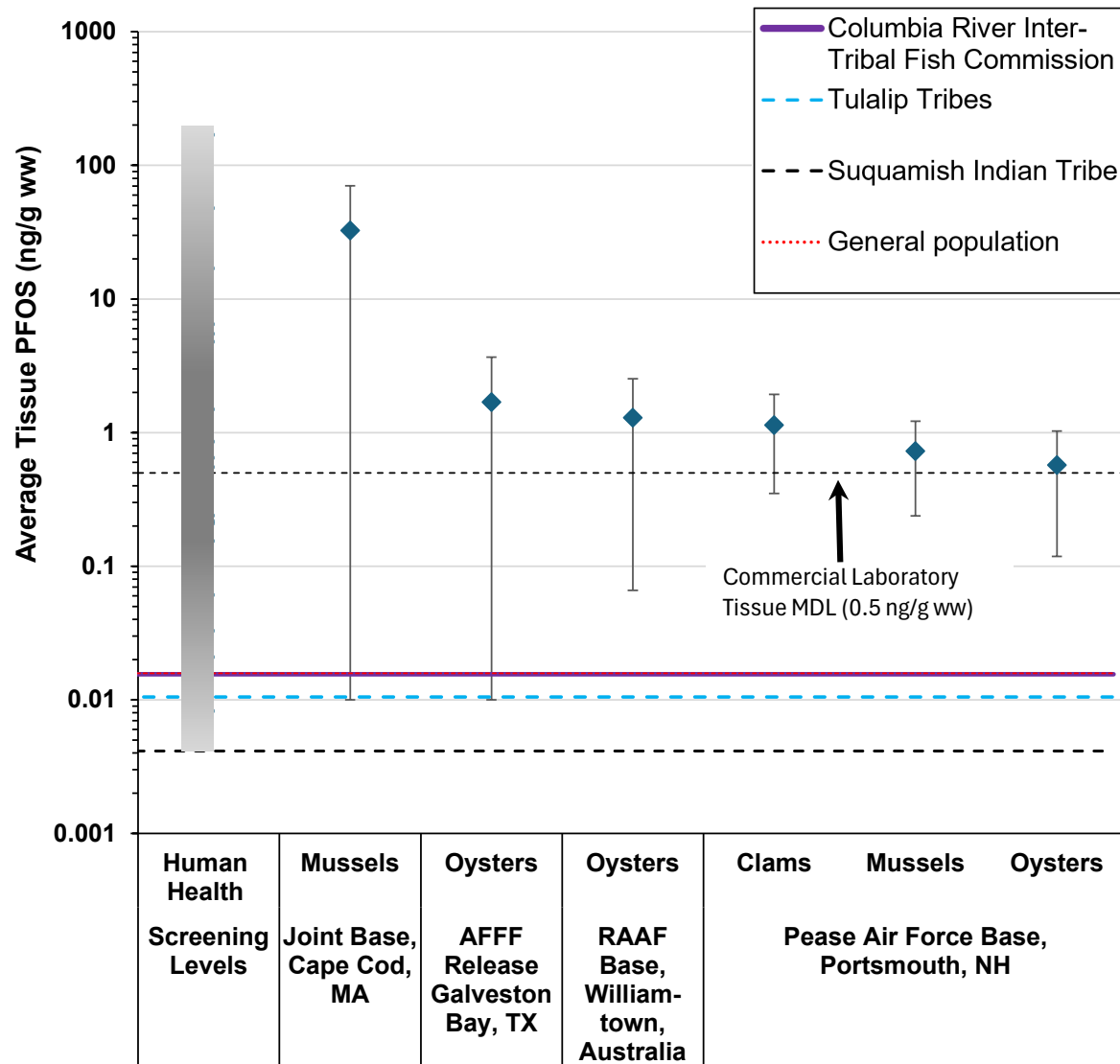


The Daily Dose of PFOS is Higher for Humans Consuming Fish Relative to Shellfish From the Same Site



CR- Consumption Rate

Risk of PFAS to Wildlife and Human Health



Due to the low direct toxicity of PFAS to aquatic life

- Humans consuming fish/shellfish and wildlife consuming aquatic life appear to be at highest risk, which is consistent with other bioaccumulative chemicals

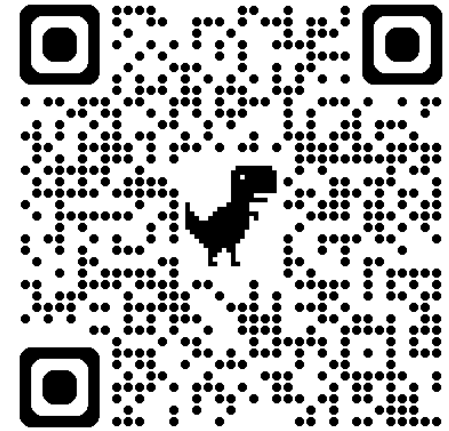
Wildlife screening levels tend to be orders of magnitude higher than human health

Human health screening levels vary greatly

> 4 orders of magnitude

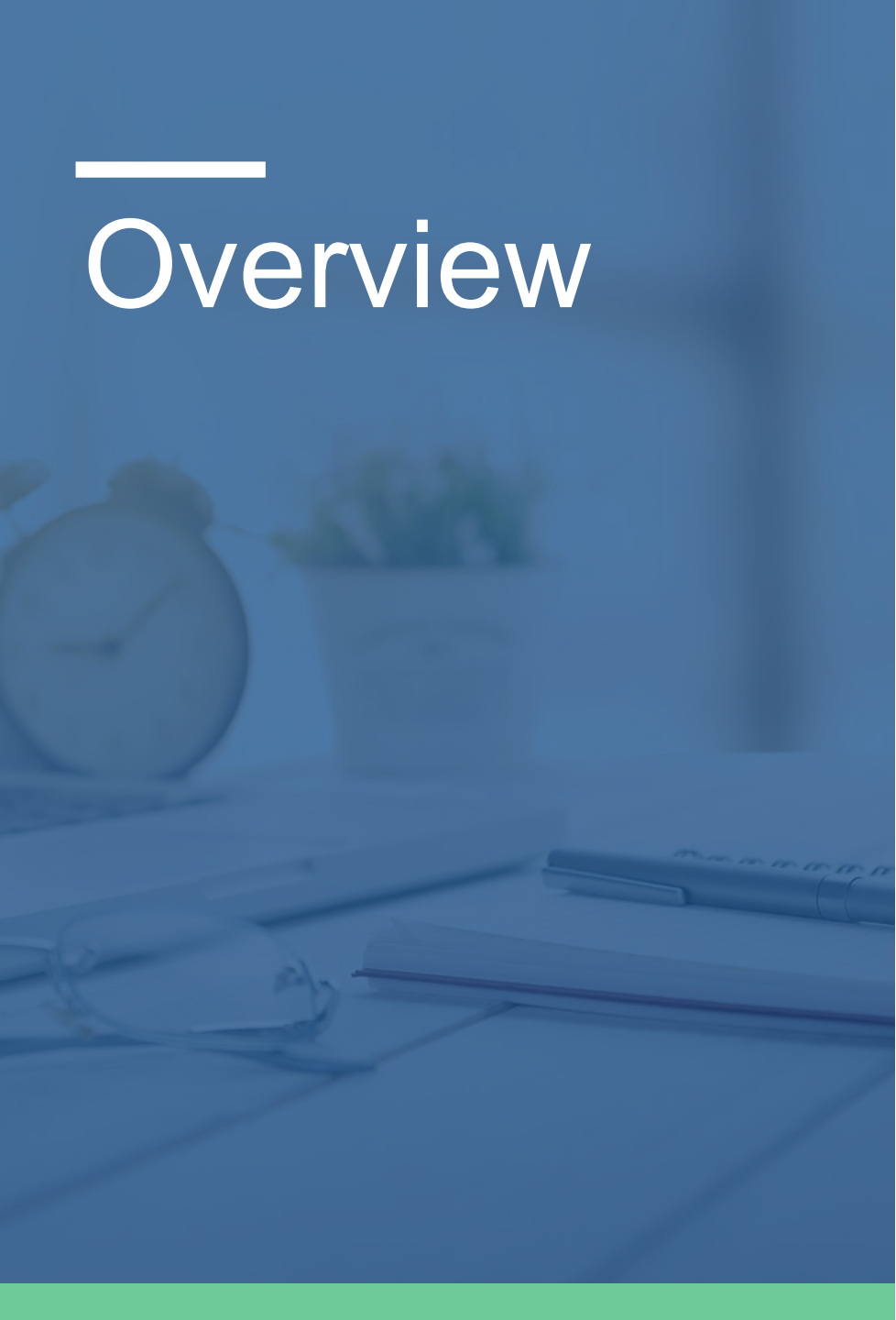
PFAS in Bivalves, Conclusions:

- Calculated uptake factors can be used to predict the accumulation of PFAS in bivalves at contaminated sites
- Bivalves can accumulate PFAS at sites to concentrations that exceed some human health screening levels
- However, compared to bivalve consumption, fish consumption at sites is more likely to drive risk-based decision making under most exposure assumptions



Download the paper
Free here

Pandelides, Z. Arblaster, J. Pandelides, A.F. Nichols, E. Thapalia, A. Conder, J. 2026. Risks associated with consumption of bivalves from PFAS-impacted AFFF sites. IEAM. <https://doi.org/10.1093/inteam/vjaf142>



Overview

Overview of PFAS in Sediment

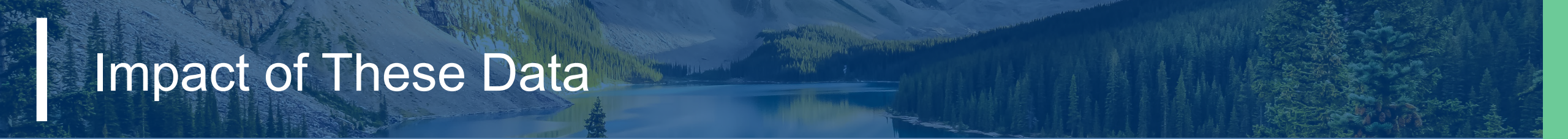
- Characteristics, Toxicity, Nature and Extent

Occurrence in Pacific Northwest

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Summary/Closing Statements



Impact of These Data

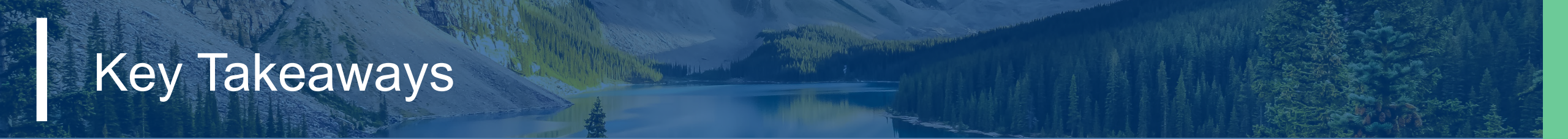
The numbers and uptake factors derived in these experiments are essential to Site-specific risk assessment since they allow us to:

- Predict the uptake of PFAS to aquatic life
- Predict the concentrations exposed to wildlife and humans that eat aquatic life
- Not need to derive/measure these numbers at sites
- Predict risk without needing to collect/measure PFAS in animals



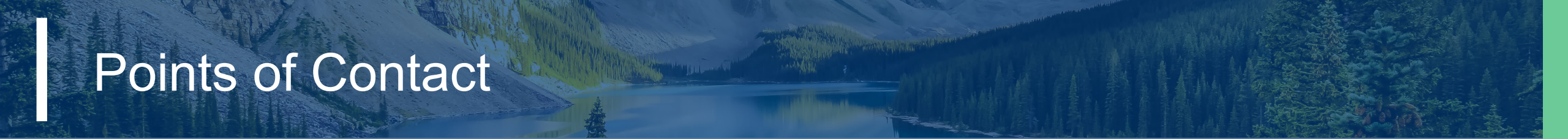
Data Gaps

- Understanding uptake and toxicity of FASAs
- Limited toxicological data for human health and ecological risk assessment
- Understanding and characterizing ambient PFAS
- Understanding and modelling the risk of PFAS in mixtures



Key Takeaways

- PFAS can bind to and remain in aquatic sediment
- It may be appropriate for some sites to include sediment PFAS
- Currently, there is sufficient information to conduct risk assessments for some PFAS in sediment



| Points of Contact

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